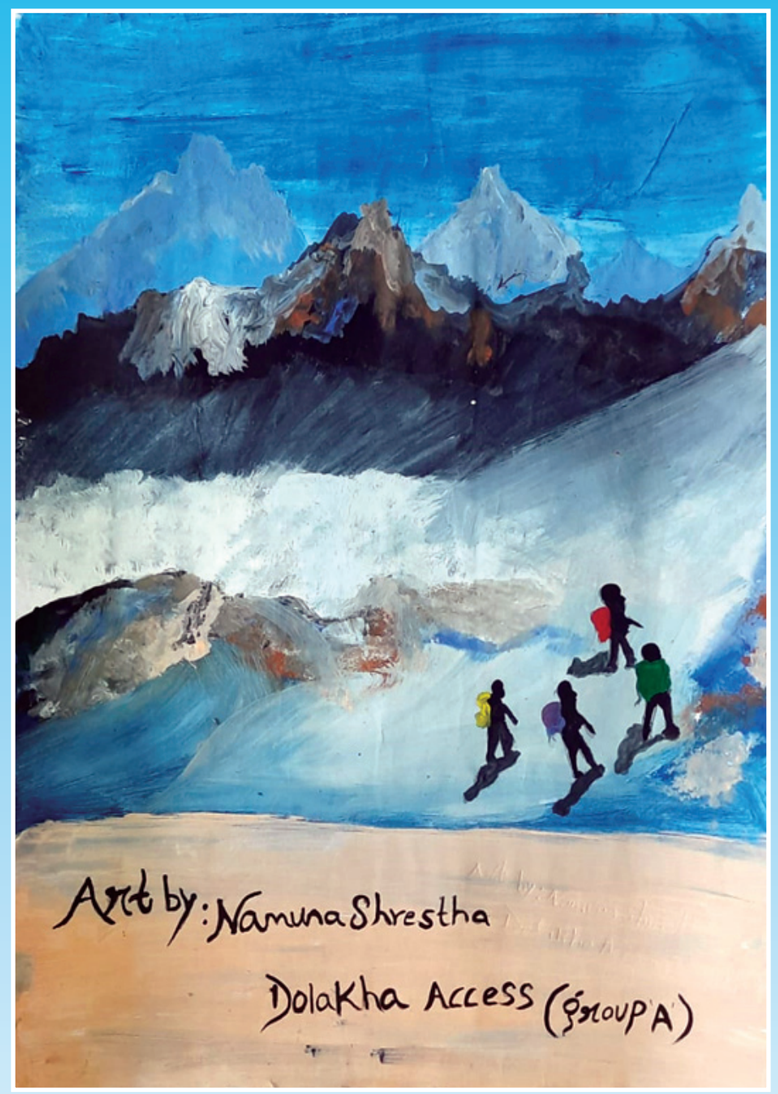


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The U.S. Government, Department of State
English Access Microscholarship Program, Nepal
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English Access Microscholarship Program
Volume 16, 2022

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English Access Microscholarship Program

August 2022 Volume 16







Art by: Namuna Shrestha



Art by: Yubraj Tamang



Bajhang Access at Devi's Fall



Graduation Ceremony of Bajhang Access



Dolakha Access at Gupteshwor Cave



Graduation Ceremony of Dolakha Access



Siraha Access at Tal Barahi Temple



Graduation Ceremony of Siraha Access



Tanahun Access at Gupteshwor Cave



Graduation Ceremony of Tanahun Access

Disclaimer

This publication is the work of Access Students and Teachers for their academic and professional development. The patron, advisors and editors do not endorse the opinions expressed here.







Newsletter

English Access Microscholarship Program, Nepal
The U.S. Government, Department of State

August, 2022 **Volume 16**

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Editorial

We are delighted to come up with the sixteenth volume of Access Newsletter, August Issue 2022. This newsletter consists of Access News, Student's Corner, Teacher's Corner, Access Memories Through Lens, and A Glimpse into our Sketchbook. This is a result of the hard work of the Access students from Bajhang, Dolakha, Siraha and Tanahun and teachers who had given tireless effort to make students' ideas and creativities publishable.

The pleasure of working with this issue, as in the earlier issues, is to play with, see the art and creations of the students, which reflects their creativity and potentiality developed within a very short period of their engagement in the Access Program. These creations will come in full blossom when their energy, enthusiasm, and potentiality will combine with the motivation and guidance of their teachers and parents.

We would like to take this opportunity to express our deepest appreciation to the American people, the U.S. Department of State, the U.S. Embassy to Nepal, Maharajgung for bringing the English Access Microscholarship Program to Nepal and trusting NELTA as an implementing partner of this program since 2011 AD. We are equally grateful to the Regional English Language Office (RELO), the U.S. Embassy to Nepal for its closed monitoring and supervision of the program for its effective implementation. We are thankful to Mr. Curtis Chan, former RELO, Dr. Nabila Massoumi, RELO and Mr. Bishwa Raj Gautam, RELO Program Specialist for their continuous support, suggestions and inspirations. We feel proud to be the officials of this program which has given us and our students ample opportunities to expand our and students' horizons. We can say that this program has helped and has been helping the government of Nepal to support for one of the Sustainable Development Goals i.e. Goal 4: Quality Education and also to maintain a good bond between Nepal and the United States of America.

The Eight Cohort of Access Program has completed in August, 2022. In this cohort, 160 students got the opportunity to be a part of the program and they were facilitated by 16 Access teachers. In this newsletter, you can find their reflections of Access journey throughout 2 years and their further plans through their writings, sketches, and creativities. This newsletter tries to include write-ups of the majority of the students and teachers where you can find their reflections, emotions, expressions and excitements based on after school instruction, enhancement activities and intensive session. This newsletter is an overall glimpse of what we have achieved from the Access Program from 2021 to 2022.

Finally, our sincere thanks go to Ms. Motikala Subba Dewan, President of NELTA, Mr. Hemanta Raj Dahal, Advisor to NELTA and National Focal Person of the Access Program, Nepal and the whole team members of NELTA along with office bearers for their continuous support for the Access Program and it's all activities. Their regular guidance and suggestions played significant roles in publishing this issue. We are equally indebted to all our Access Teachers, Focal Persons and other persons who were involved directly or indirectly in this program. Last but not the least, as always and most importantly, we would like to thank our Access students without whom we could not come up with this issue.

Happy Reading!
Team of Editors

Introduction

The U.S. Government, Department of State English Access Microscholarship Program (Access Program) has been implemented by Nepal English Language Teachers' Association (NELTA) in Nepal since 2011. The two-year afterschool program provides a foundation of English language skills, computer and digital skills, leadership skills and intercultural understanding to the 13-16-year-old students of community schools of Nepal. The students also receive intensive sessions i.e. the Access Intensive Camp. Officially started in Nepal from January 2011, this program (FY18 Access) had 160 students tutored by 16 teachers in 4 different locations of Nepal, i.e., Bajhang, Dolakha, Tanahun and Siraha from 2021 to the end of August 2022. The selection process of the students ensures that opportunity is given to those who are bright and economically disadvantaged. Since this is a scholarship program, no student pays for it, and every student gets free books and stationery.

The fundamental objectives of the Access Program are follows: a) to develop students' receptive skills (listening and reading) and productive skills (speaking and writing), b) to develop computer and digital skills, c) to develop their leadership skills so that they can increase their ability to meaningfully contribute to Nepal's socio-economic development, d) to encourage them to develop tolerance of, respect for, and interest in other cultures, customs, and beliefs, e) to help them gain an appreciation for American culture and democratic values, and f) to enable them to compete for and participate in future U.S. exchange and study programs.

The highlights of the Access Program:

- Regular English language learning in an interactive manner
- Use of multimedia technology for teaching and learning
- Cultural celebrations of Nepali and American festivities
- Community services, such as cleaning parks, hospitals, streets; visiting elderly homes, painting public bridges and park trees; cooperating with traffic management
- Intensive session (leadership camp)
- Disaster preparedness awareness and other awareness programs
- Community campaigns on various educational and social issues
- Cultural shows

Besides their regular school hours, the students visit the Access Centers three to four times a week where they receive 28 hours of instruction each month based on the tailored curriculum prepared to address their needs. Each class consists of 20 students

with an equal ratio of gender. The nature of lesson delivery is based on child-centred pedagogy, which is guided by the co-teaching concept. Therefore, two teachers, comprising one male and another female, facilitate the students' learning in each classroom concurrently. The teachers, instead of teaching English directly, give the students a feel that they are engaged in different indoor and outdoor activities. Each Access classroom is equipped with multimedia and computers. After one year's successful experience, the students develop their confidence and speak English without hesitation, though they have yet to improve their grammatical accuracy. In the first year, the course focuses on fluency, and it focuses on accuracy in the second year.

Speciality of the Program (2021- August, 2022)

- The Access Program, which is in more than 85 countries in the world with more than 100 thousand graduates, was run in 4 different locations in Nepal in 2021-2022.
- There were altogether 8 groups of students consisting of 20 students in each where equal gender balance has achieved. 24 students were selected in each group where 20 students from each group were graduated from this program and the rest of them (4 students) were alternative candidates. Some of them were substituted when there was drop out.
- Each classroom was taught by two Access Teachers who were proficient in English and received specific, Access-focused teacher training from NELTA professional teacher trainers and teacher trainers supported by the RELO, the U.S. Embassy Kathmandu, Nepal.
- The curriculum was developed by the team of experts from NELTA.
- The selected students were either beginners or at a slightly higher level in English, which was assessed through a proficiency test that was administered during the selection process.
- The students for the Access were selected from the public schools in all centers.
- The program had received a warm welcome from the schools where the students were studying and the community where the students came from.

Access Program Design

Access Program has mainly three components:

1) After School Instruction:

After School Instruction is also known as Access Class/Instruction which can be conducted on a regular basis. As per the policy of the Access, each student must receive a minimum of 360 instruction hours in a two-year program. It means that each academic year should have a minimum 180 instruction hours. Each class must be 60-minutes/an hour and the length of the class may vary from one institution to another institution. NELTA has a tendency to take after school instruction 3 to 4 times a week including Saturday.

2) Enhancement Activities:

i) U.S. Culture and Values

The Access Program will encourage students to develop respect for and interest in other cultures, customs and beliefs. This program will familiarise students with important features of U.S. culture and values. The program aims to link U.S. cultures with Nepalese cultures and develop cultural and religious harmony and tolerance. Cultural and festival celebrations and observation of international/U.S. days/national days can be run under this activity. For example, while celebrating English New Year, we can also celebrate Dhakatopi Diwas. We can run various activities which can enhance students' communication skills, leadership skills, personal development skills and cultural understanding.

ii) Personal Development

Access program fosters students' personal development by enhancing their intellectual and emotional capabilities to better prepare them for future academic and professional endeavours. The program helps for the career development of the Access students and motivates them to pursue their higher education. A minimum of two personal development activities are required during the program.

iii) Community Service:

As a volunteer activity, students will involv in community service in order to be aware of issues of their respective communities. By knowing the issues and problems, they can contribute to their community and society. Volunteering to teach younger children, helping elders with shopping, collecting book donations for a community library, or putting on a play/drama about protecting the environment,Êawareness program, cleanliness program etc. are some examples of community service.

iv) Computer / Technology Skills:

Computer or technology instruction is a prominent part of the Access Program. The students should know about computer skills such as typing, word-processing, and emailing, along with information about media literacy and social media safety. Computer and technology skills help them to build their future.

3) Intensive Sessions:

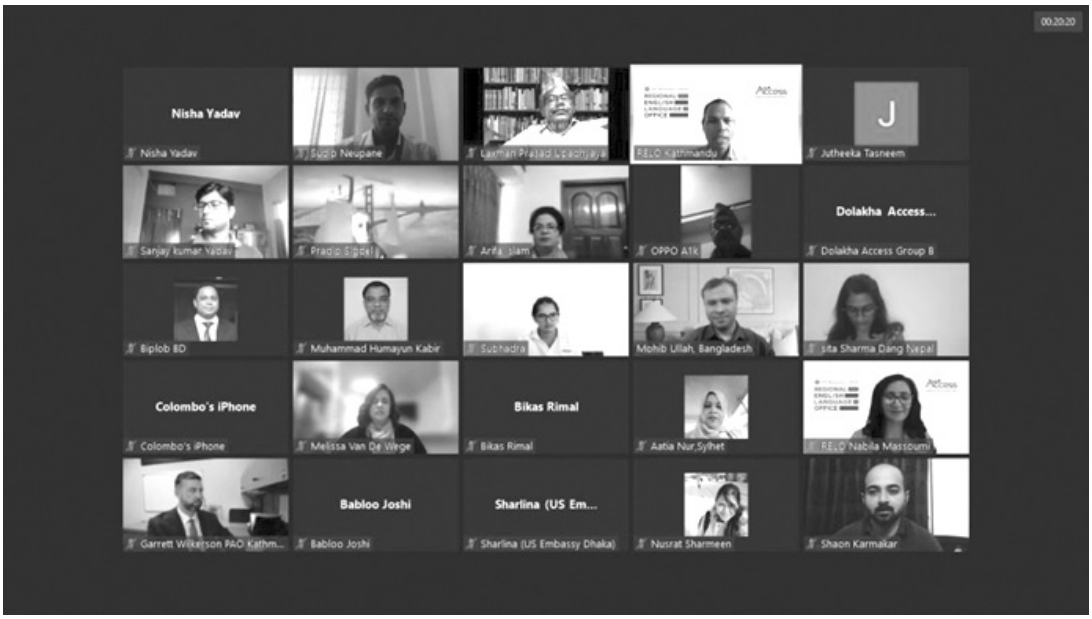
Intensive sessions/camps are significant opportunities to practise English language skills, build teams, and gain confidence. Through intensive sessions or a camp, the students enjoy the opportunities to take learning outside of their classroom. The strong memories of Access Program will be made and friendships will be cultivated by intensive sessions.



Our Access Journey

An Account of our Involvements
from 2021 to August, 2022

Virtual Access Teacher Training, 2021



Virtual Access Teacher Training for the teachers of Nepal, Bangladesh, and Sri-Lanka

Access Teachers' Training on 'Best Practices for Engaging Students Online for English Access Microscholarship Program Teachers: Nepal, Bangladesh, and Sri-Lanka' was formally began on August 19, 2021 and it was concluded on September 23, 2021.

Need Analysis: The trainer, **Ms. Melisssa Van De Wege** has observed the Access Classes for need analysis and based on the need of the Access Teachers, the sessions were designed and delivered.

Inaugural Program: In the inaugural program on August 19, 2021, PAO Garret E. Wilkerson, RELO Dr. Nabila Massoumi, CAO David C. Kissling, Post Colombo, CAO Sharlina Hussain-Morgan, Post Dhaka, RELO Program Specialist Bishwa Raj Gautam, Access Program Coordinator, Focal Persons and Access Teachers have joined. RELO Program Specialist, Bishwa Raj Gautam moderated the program in which PAO Garret E. Wilkerson, RELO Officer Dr. Nabila Massoumi, CAO David C. Kissling and CAO Sharlina Hussain-Morgan gave welcome speech along with best wishes for the training.

Session 1: Best Practices of Communicative Language Teaching in a Virtual Environment (August 19, 2021): The training commenced by providing ways and techniques of using Zoom and Google Meet and their features in the virtual classroom along with providing the ways to give effective directions to the Access Students by Trainer, Melissa Van De Wege. She focused on structuring the lesson, organizing activities, and managing pair and

group work. She further supported to use of warm-ups and scaffolding to the Access Teachers.

Session 2: Assessment Tools and Techniques in a Virtual Environment (August 26 , 2021): This session focused on assessment practices in the Access classroom. The trainer has provided techniques to correct errors orally and strategies to give constructive feedback to the students in a group. She provided examples of oral and written feedback to the teachers during the session which helped Access Teachers to impart the same strategies in their own classrooms.

Session 3: Tools and Resources for Activities for Individual, Pair, and Group Work (September 2, 2021)

This session incorporated differentiated instruction and learning styles in a virtual environment. The session was fruitful since the trainer covered the techniques to motivate students through the use of gamification and online tools and resources.

Session 4: English and the Multicultural World: Expanding Our Worldview (September 15, 2021): This session included the online tools for using English in a global context. The cultural embedded information in the session familiarized Access Teachers with multicultural understanding. Besides, critical thinking and questioning were the prominent skills covered in the session followed by group and whole class discussion in a virtual environment.

Session 5: Don't Forget the 'Bigger Picture' (September 16, 2021) : This session covered contextualization of the English for students. The session supported Access Teachers to know their strengths and areas of improvement and continue for professional development to fill the lapses.

Session 6: Closing Discussion and Final Presentations (September 23 , 2021): This was a last session in which Access Teachers got an ample opportunity to share what they have learnt from the training. They were asked to present their lesson plan and rubric with a partner teacher and they were provided written feedback by the trainer. This activity was designed as a micro-teaching activity so that the participants could share what they have learned and learn from observing others' presentations as well.

Presentation by Nepalese Access Teachers: Ms. Ashmika Pradhan and Ms. Anjana Subedi presented their learning with the Access Teachers of Sri Lanka. Ms. Subedi presented on September 5, 2021 and Ms. Pradhan presented on September 12, 2021.

Voices from the Access Teachers

"We have learned about Zoom application, Jam Board, Project Based Learning, six types of Socratic questions, 21st century skills i.e. collaboration, problem solving, communication, critical thinking, research skills. Different websites and mobile apps, formative and summative assessment, writing apps and tools, creating rubric and different games. We learned from the Access Teachers who belong to different countries as well."

Manu Sapkota Poudel

"We learned how to create scaffolding activities, Socratic questions, students' learning outcomes using the verbs of Bloom's Taxonomy, virtual learning tools and rubric to evaluate students' understanding."

Pradip Sigdel

"I have learnt to use Socratic questions to ask in the lesson plan, making a rubric for evaluation of writing tasks, Bloom's Taxonomy, Project Based Learning and many more."

Binod Prasad Chaudhary

"We learned about rubric and about open-ended questions."

Babita Joshi

"I have learnt a lot of tools for engaging students online. Besides, I also learnt so many pedagogical tools to make our class more effective and goal oriented. In a nutshell, it was inspiring, insightful, and wonderful. I learnt a lot."

Sanjay Kumar Yadav

"Melissa, the trainer extended Bloom's Taxonomy, Socratic Questions, SLOs, Using online teaching materials, Evaluation rubric. These are very useful to everyday classes for teaching learning activities."

Laxman Prasad Upadhyaya

"We have learnt about Bloom's Taxonomy, Socratic methods, Creating Rubrics and so on."

Prakash Mishra

"I have learned about Bloom's Taxonomy, Socratic questions, SLOs, rubric, online teaching materials, using zoom. These are very useful for teaching learning activities."

Shanti Kumari Singh

"The most important part of joining as an Access Teacher is that I got myself plunged into a huge network of English language veterans not only of Nepal but also of America, Bangladesh, Srilanka and so on. Moreover, I became quite familiar with online teaching tools like Zoom, Google Meet, and many more."

Ek Raj Shiwakoti

RELO Visits Tanahun Access

Tanahun Access Center was observed by Dr. Nabila Massoumi, RELO, U.S. Department of State and Mr. Bishwa Raj Gautam, RELO Program Specialist from the U.S. Embassy Kathmandu on November 9, 2021. This program was held under the chairmanship of NELTA Tanahun Chair and Focal Person of the Tanahun Access, Mr. Lal Prasad Bhattarai. On this program, Mr. Brahma Datta Timalsina, the chairperson of Aadikavi Bhanubhakta Campus delivered his valuable speech for the success of the program. Similarly, Mr. Maha Prasad Hadkhale, the campus chief of Aadikavi Bhanubhakta Campus, Mr. Ram Chandra Pokhrel, Vice-President of NELTA Gandaki Province, Mr. Ganesh Chandra Basnet, principal of Nirmal Secondary School, Mr. Chakra Prasad Adhikari, former chair of NELTA Tanahun had delivered their valuable speech for improving learners' creativity and continuity. There was a valuable presence of Lions Club of Tahahun's president Mr. Krishna Hari Gairhe, Vice-Chair of NELTA Tanahun Mr. Basanta Kandel, principals from the feeder schools, teachers, lectures, students and parents. Access student, Bharosh Baniya said, "It is very interesting and informative program. We learned different American Cultures and contents out of our course. And this is really helpful for developing all skills". Mr. Maha Prasad Hadkhale shared that they were glad to welcome Access students and get information about Access Program. It was very good to give such experiential knowledge rather than keeping eyes on pages of books only. Similarly, Campus Chairperson and founder member on NELTA Tanahun Mr. Brahma Datta Timilsina said, "Such types of English Language developing programs are really helpful for all government school's children and it should be continued in future".



RELO and RELO Program Specialist at Tanahun Access

Access Siraha Inauguration Ceremony, 2021

Access Siraha Inauguration Ceremony, 2021 was held on December 8, 2021 at Pashupati Aadarsha Secondary School, Lahan, Siraha. Ms. Akanksha Jha and Ms. Nisha Yadav (Access Teachers) welcomed Dr. Nabila Massoumi, Regional English Language Officer (RELO), Chief Guest, Mr. Madan Kumar Mandal, Chair of the program (Chair of NELTA Siraha and Focal Person of the Siraha Access Center) and all the special guests with Khada. Ms. Laxmi Raut, Access Student delivered a welcome note. She expressed that the Access Program is very helpful to the students who are interested in learning English. She further expressed that such opportunities will help them to be bright in the field of education. The Chief Guest inaugurated the program by lighting the lamp and it was followed by the national anthem. Dr. Nabila Massoumi, RELO congratulated the Siraha Access Center

and suggested the youths to lead the nation. She expressed her best wishes for the continuation of the in-person class. She said, "Your own protection shows the leadership and your contribution to your community through community services will change your society." Similarly, Mr. Rakesh Roshan Gupta, Chair of Ward No. 7, Lahan Municipality stated that the program would be more effective if it covers 100 to 200 students from the same district. He suggested students to teach what they learn from the program to their families and communities. Likewise, Mr. Amiri Yadav, Education Chief of Lahan Municipality expressed that Siraha is quite back in terms of education and this kind of program would be beneficial to the students who are from poor financial status. On behalf of Access students, Mr. Mamtesh Yadav thanked the U.S. Embassy Kathmandu and NELTA for providing learning opportunities to them. The program is supporting them to improve their writing, speaking and other skills of English. Likewise, Ms. Sandhya Chaudhary, Access Student stated that the Access Program is supporting them to enhance their English language along with leadership skills.

Mr. Balaram Singh, teacher from the host school expressed his happiness to be the host school for the Access Siraha and congratulated all the Access students and the Access Team. He promised to support for the program with core heart. Similarly, Mr. Sanjay K. Yadav, Access Teacher mentioned that all the Access Teachers are doing their best to make a grand success of the Access Program. He further requested the students to make an effort from their sides and parents to assist their children for better education. Mr. Hanuman Yadav, the representative from parents expressed that he was happy to be a parent of the Access and he shared that his child is improving his education after joining this program.

Mr. Bishwa Raj Gautam, RELO Program Specialist expressed that the Siraha Access is the very first center to inaugurate the Access Program. He further suggested students to be good at their work. He said, "Students must be proactive and self-confident in their education and works." He concluded his remarks after taking selfies with the Access students, teachers, RELO, and all. Students enjoyed a lot during the selfie time. Dr. Anil Kumar Jha, NELTA Central Committee Member and Advisor to NELTA Siraha stated that NELTA has been doing great works for students by getting support from the RELO. Dr. Dinesh Kumar Yadav, President of NELTA Madhesh Province, shared how they ran their previous Access Program in Janakpur and how the program supported the students to be better in their respective fields. Likewise, Mr. Arbind Das, Principal of Secondary School, Gadha congratulated all students and teachers and suggested them to apply their learnings in their schools, homes, societies and nation as well.

Mr. Madan Kumar Mandal, chair of the program, concluded the program with the vote of thanks. He thanked the chief guest, special guests, parents, teachers and students for their valuable presence. He expressed that his dream is to accomplish the Access Program as a Focal Person with an outstanding performance.

Christmas Celebration 2021 in the Access

Bajhang, Dolakha, Siraha and Tanahun Acces celebrated Christmas as an enhancement activity on December 25, 2021. The main purposes of the activity were to develop knowledge about U.S. culture, foster cultural integrity, cultural harmony, cooperation and collaboration and develop the habit of cultural and religious tolerance.

Bajhang Access

The students were given different responsibilities like decoration, cleanliness and entertainment. The decoration group worked on the decoration of the room, the cleanliness group cleaned the rooms and the surrounding whereas the entertainment group prepared for the entertainment. The students and teachers shared their best wishes and exchanged their gifts with each other. 'Speech Competition' was also organized on 'Christmas and It's Importance' and the best speakers were awarded. Debendra Agri, Access Student, said, "These types of activities develop feelings of fraternity in all of us along with communicative skills."



Access Class was decorated with Christmas tree, balloons and paper-made decorations



Expressing Happiness by the Bajhang Access Team

Dolakha Access

Dolakha Access decorated the classroom with a Christmas Tree and a cake in front of the class. Students enjoyed Christmas day to the fullest extent and learnt to share ideas about cultural harmony and religious tolerance. They engaged themselves in communicating while celebrating the festival. They learnt to collaborate and exchange ideas with friends freely. Dolakha Access also organized a 'Quiz Contest' and awarded the prize to the top three groups out of seven. Bipana Nepali, Access Student, as a Santa Claus distributed gifts to friends and teachers as the envoy of Christ. Students danced and enjoyed themselves before and after having lunch. Everyone cheered, "Merry Christmas." All the



English Quiz Contest



Cake of Merry Christmas 2021

students seemed very delighted to have celebrated Christmas Day for the first time. One of the Access students said, "This kind of celebration enhances cultural harmony in the society."

Tanahun Access

Tanahun Access observed Christmas comparing and contrasting it with Nepalese religious function i.e. Tulasi (Holy Basil) Puja. The students decorated the Christmas Tree with beautiful and colourful lights and also decorated and worshipped Tulasi plant (Holy Basil) as a sign of God Bishnu. Students listened to Christmas songs and carols and sang them too. They learned the history of celebrating Christmas, Christmas practices, tradition of exchanging gifts and other traditions all around the world. They worshipped Tulasi plant (Holy Basil) and Christmas tree and explored the reasons and history behind worshipping these two plants. It was fortunate that one of the students had birthday on the same day and as a result, they celebrated his birthday as well as Christmas Day by cutting cakes and having brunch. The activity of exchanging greeting cards among each other helped the students learn to think about others and be kind and thoughtful. This activity was really helpful for the students to step forward and show their hidden capabilities as well. Ankita Thapa, an Access student, said, "Overall, we had a really great time with all our friends and teachers and also got the opportunity to learn the different cultures at a same time."



Decorating Christmas Tree



Worshipping Tulasi (Holy Basil) Tree

Siraha Access

Siraha Access decorated the X-Mas tree with lights and stars. Students and teachers blew the balloons and pasted on the walls. Ten volunteer students were selected to cooperate with others. One student put-on a Santa costume and entered the room with snow-spray and distributed Chocó-funs and chocolates to all the students, teachers, Focal Person and NELTA executive members of Siraha Branch. After that, Santa Claus cut the cake and distributed it to all the participants. The students sang a Jingle Bell song as well as other Christmas songs. Six visually impaired students of Pashupati Adharsha Secondary School (the host school) were provided woollen mufflers on this occasion. Some students spoke about the importance of celebrating Christmas and marked the significance of the birth of Jesus Christ. The students along with the teachers took photos with Santa Claus and the X-mas tree. Laxmi Raut, Access Student said, "It was completely a new experience celebrating Christmas day with friends and teachers." Another Access student, Mamtesh Yadav said, "I had learnt how cultural exchange helped to develop English language."



Christmas Tree decorated by students



Students enjoying Christmas Celebration



Santa donating woollen mufflers

Access Dolakha Inauguration Ceremony, 2022



Dr. Nabila Massoumi, RELO Officer delivering her short remarks

Access Dolakha Inauguration Ceremony, 2022 was held on March 16, 2022 at Hotel Ambrosia, Charikot with the presence of the chief guest, Dr. Nabila Massoumi, RELO, the U.S. Department of State, and other distinguished guests, Ms. Bimala Gautam, Acting Chair of NELTA Dolakha, Mr. Bharat Bahadur K.C., Mayor of Bhimeshwor Municipality, Ms. Motikala Subba Dewan, NELTA President, Mr. Bishwa Raj Gautam, RELO Program Specialist, the U.S. Embassy Kathmandu, Nepal, Mr. Balkrishna Dahal, Secretary of NELTA Dolakha and Focal Person of Dolakha Access. There was valuable presence of the guests, Mr. Ganesh Kumar Shrestha, Vice-Principal of Kalinchwok Secondary School (Host School), Mr. Govinda Narayan Manandhar, Principal of Pashupati Kanya Secondary School (Feeder School), Mr. Narayan Budathoki, Advisor to NELTA Dolakha, Mr. Baburam Sharma, Reporter from Gorkhapatra Daily, Mr. Surya Chaulagain, Assistant Secretary, NELTA Dolakha, Mr. Shyam Kumar Mainali, Treasurer, NELTA Dolakha, Mr. Sudip Karki, Member of NELTA Dolakha, Mr. Ishwor Chaulagain, Member of NELTA Dolakha and other executive members from NELTA Dolakha, Access Teachers, Mr. Ek Raj Shiwakoti, Ms. Ashmika Pradhan, Mr. Shambhu Prasad Bakhrel and Ms. Anjana Subedi and parents of the Access students. The program was chaired by Ms. Bimala Gautam, Acting Chair of NELTA Dolakha. The program was anchored by Mr. Sudip Neupane, Access Program Coordinator from NELTA Center, Kathmandu.



Students with Certificate of Award for the Access Program

The Access Teachers, Ms. Anjana Subedi and Ms. Ashmika Pradhan welcomed the chief guest, distinguished guests and special guests with Khada. Rohan Karki, Access Student delivered his welcome speech which was followed by the inauguration of the program by lighting the panas by the chief guest and other distinguished guests and singing the national anthem of Nepal. On behalf of the Access Students, Bipana Nepali and Dhiraj Kumar Das shared their experiences as Access students. Furthermore, they shared their boundless happiness and thanked NELTA and the U.S. Embassy Kathmandu for providing such opportunities to the students who

are from public schools. On behalf of the Access Teachers, Mr. Shambhu Prasad Bakhrel expressed that they were doing hard work for their students to enhance their language skills, leadership skills, computer skills and cultural understandings.

and Mr. Narayan Budhathoki, Advisor to NELTA Dolakha stated that NELTA Dolakha has been working a lot in the field of education. Mr. Bishwa Raj Gautam, RELO Program Specialist gave suggestions to the students by asking them to be the best on their own whatever



Mr. Bharat Bahadur K.C., Mayor of Bhimeshwor Municipality delivering his short remarks

Ms. Sabitri Ghimire, parent of the Access Student shared that this program really helped students learn English through mobile devices which were handed over to them during Covid-19 for their virtual class. She further expressed that such opportunities were remarkable contributions to the parents who are sending their children to the public schools rather than private ones. Likewise, Mr. Ganesh Kumar Shrestha, Vice-Principal of Kalinchowk Secondary School

they do. He further requested students to be bright in the future as they are a part of the Access. Similarly, Mr. Bharat Bahadur K.C., Mayor of Bhimeshwor Municipality stated that the Access Program helped to bridge the gap between public and private schools.



Ms. Motikala Subba Dewan, NELTA President delevering her short remarks.

Ms. Motikala Subba Dewan, NELTA President thanked Regional English Language Office, the U.S. Embassy Kathmandu for supporting NELTA from 2011 through the Access Program and other numerous programs to enhance education in Nepal. She further praised NELTA Dolakha and Bhimishwor Municipality for joining hands to implement this program. Likewise, the chief guest of the program requested the Access Teachers to support their students from their core hearts and thanked the Access Team for effective implementation of the program.

Access Tanahun Inauguration Ceremony, 2022



Inauguration of Tanahun Access by the chief guest, Mr. Bishwa Raj Gautam, RELO Program Specialist

Access Tanahun Inauguration Ceremony, 2022 was held on March 20, 2022 at Aadikabi Bhanubhakta Multiple Campus, Tanahun with the presence of the chief guest, Mr. Bishwa Raj Gautam, RELO Program Specialist, the U.S. Embassy Kathmandu, Nepal and other distinguished guests, Mr. Lal Prasad Bhattarai, Chair of NELTA Tanahun and Focal Person of the Access Tanahun, Mr. Ashok Sapkota, NELTA Treasurer, Mr. Chakra Bahadur Adhikari, Founding Chair of NELTA Tanahun, Mr. Ram Chandra Pokhrel, Vice-President of NELTA Gandaki Province and Immediate Past Chair of NELTA Tanahun, Mr. Daya Raj Kattel, Member of NELTA Gandaki Province, Mr. Krishna Hari Gaire, Past Chair of NELTA Tanahun, Mr. Bramha Datta Timalsina, Chairperson of the College Management Committee of Aadikabi Bhanubhakta Multiple Campus, Mr. Sagar Poudel, Asst. Campus Chief of Aadikabi Bhanubhakta Multiple Campus. The other guests of the program include the executive members of NELTA Tanahun, Mr. Basanta Kadel, Vice Chair, Prakash Khadka, Secretary, Tirtha Raj Bardewa, Treasurer and principals and representatives from 8 feeder schools.



Happiness in the eyes of one of the Access Students after getting a Certificate of Award

There was the presence of the parents of the Access Students, Access Teachers (Ms. Manu Sapkota Poudel, Mr. Prakash Mishra, Ms. Dhanju Adhikari and Mr. Pradip Sigdel) and other 40 students. The program was chaired by Mr. Lal Prasad Bhattarai, Chair of NELTA Tanahun and Focal Person of Tanahun Access. The program was anchored by Mr. Sudip Neupane, Access Program Coordinator.

Ms. Manu Sapkota Poudel and Ms. Dhanju Adhikari welcomed the chief guest, distinguished guests and special guests with Khada. Sandhya Adhikari, Access Student delivered her welcome speech which was followed by the inauguration of the program by lighting the panas by the chief guest and other distinguished guests and singing the national anthem of Nepal. On behalf of Access Students, Lalit Neupane and Ankita Thapa shared their experience as Access students. Furthermore, they shared that they felt proud to be Access Students since they got ample opportunities to learn with different teaching styles and projects. On behalf of the Access Teachers, Ms. Manu Sapkota Poudel expressed that



Access Program Coordinator, Mr. Sudip Neupane with Tanahun Access Team

they had been teaching students by creating fun and enjoyment.

Ms. Ambika Thapa, parent of the Access Student thanked all and wished to help their children to enhance their overall development and capabilities. Likewise, Mr. Keshar Bahadur Thapa, Principals' representative from the feeder school shared that this program was helping students in improving English language. Similarly, Bramha Datta Timalsina, Chair of College Management Committee and Mr. Sagar Poudel, Asst. Campus Chief of Aadikabi Bhanubhakta Multiple Campus expressed that they were ready to support this program as a host Center. Likewise, Ram Chandra Pokhrel thanked the U.S. Embassy Kathmandu and NELTA for bringing this program to support the students who were really in need to enhance their English skills. He further expressed that they did a lot of hard work to bring this program to Tanahun. Mr. Ashok Sapkota, NELTA Treasurer thanked all who were involved in this program. He further stated that Access is one of the most successful programs of NELTA, supported by the U.S. Department of State, and the U.S. Embassy Kathmandu, Nepal. This program has covered 27 districts having 38 Access centers where 1520 students having age group 13-16 years are directly benefited with leadership, English Skills and technological skills. Mr. Bishwa Raj Gautam, the Chief Guest of the program requested students to be proactive and believe in themselves for their goodness in their future.



RELO Program Specialist receives a token of love from student

Access Students, Ankita Thapa, Mandira Thapa and Asmita Thapa performed their cultural dances in Nepali songs. Access Students shared greeting cards as a token of love to the guests. In the program, 40 Access Students, 4 Access Teachers and a Focal Person were awarded with a certificate of award signed by the U.S. ambassador to Nepal, His Excellency Randy W. Berry. The chair of the program, Mr. Bhattarai highlighted that NELTA Tanahun was grateful to NELTA Center and the U.S. Embassy Kathmandu, Nepal for this program. He further expressed that students were taking a lot of benefits from this program in his concluding remarks.

Access Bajhang Inauguration Ceremony, 2022



Access Students of Bajhang Celebrating USA-Nepal 75th Anniversary after Inauguration Ceremony

The Bajhang Access was inaugurated on April 28, 2022 by the Chief Guest, Dr. Nabila Massoumi, RELO from the U.S. Department of State at Chainpur, Bajhang. The program was chaired by the Chair of NELTA Bajhang and Focal Person of the Bajhang Access, Mr. Lal Bahadur Bohara.

There was a valuable presence of distinguished guests, Ms. Motikala Subba Dewan, NELTA President, Ms. Juna Jagri, Deputy Mayor of Jayaprithivi Municipality, Chainpur, Mr. Bishwa Raj Gautam, RELO Program Specialist, the U.S. Embassy Kathmandu, Nepal, Mr. Ramji Hamal, NELTA Sudur Paschim Province President, Mr. Pramod Chan, Assistant Chief District Officer of Bajhang, Ms. Kumari Hira Bhatta, Acting Ward Chair of Ward No. 10, NELTA Bajhang Branch Executive Members, Mr. Basanta Pratap Sing, Journalist from Kantipur Daily, Mr. Pratap Oli, Journalist and F.M. Manager at Jayprithivi F.M., Principals and school representatives from the feeder schools.

All the respected parents of the Access Students and Access Teachers (Mr. Laxman Prasad Upadhyaya, Mr. Krishna Bahadur Rawal, Ms. Shanti Kumari Singh and Ms. Babita Joshi) were there as a guest of the program. 40 Access Students from 6 feeder schools attended the program and received the Certificate of Award from the Chief Guest and Deputy Mayor and other distinguished guests.



Siraha Access Celebrates New Year 2022 and Dhakatopi Diwas



Celebration of New Year cum Dhakatopi Diwas

Siraha Access Center celebrated New Year-2022 and Dhakatopi Diwas on January 1, 2022. The program was observed by the NELTA Central Committee Member and former Access Teacher Mr. Dib Bahadur Sherbuja. The celebration was exciting and interesting for the students and teachers. The students came with new-year greeting cards prepared by themselves to exchange with friends and to offer the greeting cards to the guests, Focal Person, Access Teachers and students. The students celebrated the new year by sharing new yer wishes and exchanging greeting cards among each other. Shandhya Chaudhary and Supriti Choudhary, Access students performed dance in Tharu Song while Nandani Kumari Ray and Saraswati Pasman per formed their dance in Folk song. They all put Dhaka Topi to mark Dhakatopi Diwas on the same day.

Quiz Contest at Tanahun Access



Quiz contest among the students of the Access was organized by Tanahun Access on April 16, 2022, and winner groups were awarded with stationeries. The contest was conducted among 40 students dividing them into 10 groups. There were nine rounds, and questions were asked in a clockwise and anticlockwise direction. In addition, Manu Sapkota Poudel and Dhanju Adhikari hosted the program. The questions were about American and Nepali culture, history, geography, current affairs etc. It took around two hours to run the program. Students were excited to give the answer to the questions. Four groups were awarded with stationery materials as 1st to 4th groups and the fifth group was awarded with consolation prize.

Community Services in Siraha

Siraha Access students along with their teachers and focal person participated in a cleanliness and sanitation program organized by Siraha Access Center on May 29, 2022. Students from both groups cleaned the playground of Lahan Municipality. Similarly, they had cleaned two temples named Hanuman Temple

and Saraswati Temple which are behind the wall of the same playground. The collected garbage was disposed properly at the disposal area.

Students learned that they have responsibilities towards their community and surroundings to make it neat and clean for better health and sustainable development.

Siraha Access Center visited Shree Basic School, Singarahi, Matiyarwa, Lahan-1 and

supported the students of grade 6-8 by distributing stationery materials on June 25, 2022. The Access Students shared the importance of education and helped them speak English. There was interaction with them to share their interest, study, aims etc. They further suggested that they should attend school regularly and maintain a healthy life. More than 20 students from backward and marginalized communities were benefited by this activity.

Siraha Access organized a Fruits Donation Program on August 6, 2022 as a community service at Provincial Hospital Lahan of Madesh Province. They donated fruits to more than 30 patients, doctors and nurses in maternity ward, general ward and emergency ward. They further interacted and wished with/for the speedy recovery of the patients. They requested nurses and doctors to give more care and proper treatment of the patients.

Community Services in Tanahun

Tanahun Access Center organised a cleanliness program of the surrounding of the Access Center on April 26, 2022. Besides, they worked for gardening, all students, teachers and focal person participated in the program. They cleaned the surroundings of the Access Center, cut down the unnecessary grasses, collected the dust materials, and kept them in the dustbin. They also painted the cemented base made for trees/flowers as a part of the community service through this program.

Tanahun Access organized a Plantation Program at Nirmal Secondary School premishes on July 16, 2022. Students actively engaged in bringing plants, digging, watering, and planting activities under this community service.

Tanahun Access organized Awareness Raising Program at Damouli on August 3, 2022. The traffic officers gave an orientation about road safety and traffic rules to the students. The students, teachers, focal person and traffic officers visited Damauli Bazzar with placards and slogans about road safety and security. They also oriented local people, pedestrians and drivers to follow traffic rules.

Community Services in Bajhang

Bajhang Access was involved in Surma Devi Temple's Cleanliness Program on April 16, 2022. Students and teachers

collected the plastic bags and waste materials in the temple premises and surroundings of the temple. Besides this, they also cleaned the way to go to the temple as a community service.

They also organized a Donation cum Awareness Program for the Badi Community of Bajhang on May 28, 2022. Students donated grocery items, hygiene kits, and stationery materials to the Badi community. They donated copies, pens, pencils, sharpeners and erasers to 12 Badi students and 15 other Dalit students who were economically disadvantaged. They also distributed soap, toothbrush, toothpaste and rice to the 9 Badi families having low economic status. They further shared the importance of education and health and suggested parents send their children to go school for education and maintain hygiene for better health.

Bajhang Access took part in Plantation Program in Bhopur, Bajhang in coordination with the District Forest Office, Bajhang. Each student and teacher planted one plant for afforestation. District Forest Office supported the Bajhang Access by donating plants. They also decided to water to each plant which is planted by themselves. They involved in this activity since they want to make the environment neat and clean there so that they would get fresh air and oxygen. Their work would be a milestone for the protection of vegetation and forest in their local area which also supports for the sustainable development.

Community Services in Dolakha

Dolakha Access engaged in Bhimeshwor Temple Cleanliness Program on May 21, 2022. The students, teachers and focal person were there in this program. They cleaned the temple and its surrounding along with the path to reach the temple. Besides, they donated some dustbins to the representatives of the temple.

Dolakha Access Center visited Gaurishankar Orphanage for stationery support as a community service on June 24, 2022. The students distributed stationery materials and sports materials. They also interacted with the students regarding their interests, problems, hobbies and many more.

Dolakha Access conducted Traffic Awareness Raising Program in Charikot on August 8, 2022. Students were oriented by the traffic officers. Then, they organized rally with banner, traffic symbols, slogan cards. They further suggested the pedestrian and drivers to follow traffic rules for their safety and security. They also interacted with drivers to be more aware to minimize road accidents.

Access Observes Memorial Day

Dolakha Access observed Memorial Day to make students familiar with Memorial

Day which falls every last Monday of May. This activity made them understand the American Culture and link it with Nepalese Martyr's Day. From this activity, the students learned that this day is marked to commemorate and honour the sacrifice, dedication and contribution of brave soldiers during war. The students were introduced about the Memorial Day which was further clarified by showing videos and documentaries related to the

very day. The students were divided into groups and requested to discuss the question as presented to them in the PPT slide. Later, the students were requested to present their views. One of the students said, "We should always respect and honour the great deeds of our ancestors as celebration of such days always enhances our patriotism is what we learned today".

Bajhang Access observed this day by watching videos related to it.The video was paused in between and students were asked questions for interaction. Students expressed their views regarding the significance of Memorial Day along with its history after watching the videos.

Tanahun Access observed this day by showing videos related to it and had

discussions with students. The teachers asked pre-video session questions (e.g. Can anyone guess what is about memorial day?), While video session questions (e.g. What did you learn

from this part of the video? What comes next? Any guess?), and post interaction questions (e.g. Why do the people of the U.S. observe Memorial Day? Who are martyrs? What did they do for their nation? etc. The students were introduced about the Memorial Day which was further clarified by showing videos and documentaries related to the very day.

Siraha Access observed this activity to make students aware about the importance

of celebrating Memorial Day. Other objectives of this observation were to make them know about the historical background of celebrating Memorial Day, encourage them to recall the memories connected with Martyr's day of Nepal and find out about different figures who are listed in the list of Martyrs of Nepal. The teachers displayed the videos and documentaries of Memorial Day's Celebrations and had interaction with students regarding its significance. They further played a quiz having questions from the same theme.

Curriculum Vitae (CV) Writing Workshop in Access

Access Centers organized CV Writing Workshop in order to help students learn and prepare their own CVs. From this workshop, students have learned the basic information that are required for CV and how they can prepare a good C.V. for their personal and professional development. Teachers have shown some samples to the students. The students wrote their CVs as an output of this activity. After the completion of their CV, students were asked to paste their CV on the wall and were made to observe each other's CV through gallery walk. Then they were awarded with stationery items such as a copy and pen. Finally, the students participated in the reflection session conducted by the Access Teachers of the respective Access Centers.

Martin Luther King's Jr. Day Celebration in Access

The Martin Luther King's Jr. Day was organized virtually on January 17, 2022

by all Access Centers. The teachers presented slides of Martin Luther King Jr's short biography and his speech entitled 'I Have a Dream'. Students were asked to note down some of the key ideas from the slide and videos as well. Different activities were organized to observe this day virtually. The major activities that were carried out were interaction session and speech competition by Bajhang Access, quotation collection and speech competition by Dolakha Access, picture collection, presentation and speech by Siraha Access, PowerPoint Presentation and speech competition by Tanahun Access were the excellent ones to help students learn about Martin Luther King's Jr. and his contributions.

Nepal: Access Students Celebrating USA-Nepal 75th Anniversary



160 students receiving after-school English language instruction and leadership skills through the English Access Microscholarship Program joined together with NELTA (Nepal English Language Teachers' Association) and RELO team from the U.S. Embassy to attend Access Camp in Pokhara. The Undersecretary of Gandaki Province's Ministry of Education, Culture, Science, Technology, and Social Development gave enthusiastic remarks about the Access Program. Students from Siraha, Dolakha, Bajhang, and Tanahun celebrated the 75th anniversary of the U.S.-Nepal bilateral relations and participated in many teams, leadership-building, and writing activities.

Source: http:www.facebook.com/AccessProgramHQ

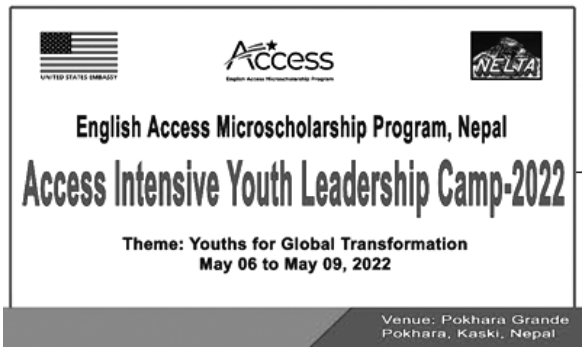
Access Intensive Youth Leadership Camp-2022

The Access Camp entitled 'Access Intensive Youth Leadership Camp-2022' was completed on May 9, 2022 at Pokhara Grande, Pokhara, Kaski, Nepal where 160 students from 4 Access Centers, 16 Access Teachers, Focal Persons, Access Officials, NELTA Center, NELTA Province and NELTA Branch representatives, Government officials, RELO from the U.S. Department of State, and RELO Program Specialist from the U.S. Embassy Kathmandu attended the program.

The program was chaired by NELTA President, Ms. Motikala Subba Dewan and inaugurated by the chief guest Dr. Nabila Massoumi, RELO, U.S. Department of State and the distinguished guest Mr. Bhoj Raj Neupane, Under Secretary, Ministry of Education, Culture, Science, Technology and Social Development, Gandaki Province, Nepal.

The Access Camp had 5 main sessions, 5 station sessions, 2 field trips, 1

motivational speech, Students' Talent Performance and Cultural Dance, Access Model Election and Drama Competition.



The sessions were facilitated by Dr. Nabila Massoumi, RELO, U.S. Department of State, Ms. Motikala Subba Dewan, NELTA President, Mr. Bishwa Raj Gautam, RELO Program Specialist, U.S, Embassy Kathmandu, Mr. Ashok Sapkota, NELTA Treasurer, Mr. Prakash Chandra Giri, former Access Instructor, Mr. Baman Ghimire, Mr. Keshab Prasad Parajuli, Ms. Rubina Pradhan, Ms. Rashmi Shrestha, Mr. Bishal Gurung, and Ms. Samana Baral. The sessions included 'Lagansheelta: An American Diplomat's Story', 'How Can I Write a Poem?', 'Time Management', 'ICT for Social Transformation', 'Personality Development', 'MOOCs for Online Learning', 'Language Learning via Games', 'Book Bus Program Engagement Presentation', 'Book Bus Reading', 'Entrepreneurship', and The Mindset of a Winner' respectively. During this camp, students visited Phewa Lake, Devi's Fall, Gupteshwor Cave and the International Mountain Museum and wrote reflective writing based on their field trips. Similarly, they performed their talents such as singing, dancing, sketches presentation etc. Students took part in the Access Model Election-2022 and elected Access Captain and Access Vice-Captain. Altogether 8 dramas were performed by the students in the competition and Dolakha Access Group A lifted the trophy of the Winner whereas the Siraha Access Group A holds 1st Runner-Up and Tanahun Access Group B and Bajhang Access Group B hold 2nd Runner-Up in the drama competition. All the students received gift hampers in the different



competitions/events such as Camp Cheers, Poem Competition, Access Model Election, Cultural Performance and Talents Shows, Participation in the Camp and Drama Competition.

The Access Camp is one of the components of the English Access Microscholarship Program sponsored by the U.S. Department of State and the U.S. Embassy. This 2 years' program is being implemented by Nepal English Language Teachers' Association (NELTA). This program aims to enhance English language skills, computer skills, leadership skills, entrepreneurship skills along with intercultural exchanges between the United States and Nepal. NELTA has been implementing this program since 2011 A.D. and the program has covered 27 districts out of 77 by 2022. Currently, talented students from community schools of age 13-16 from 4 districts; Bajhang, Dolakha, Siraha and Tanahun are getting benefits from this program.

Dolakha Access Celebrates President's Day

Dolakha Access celebrated President's Day on February 21, 2022 to make students familiar with the American Presidents and their contributions. The virtual celebration was organized by the Access Teachers.

The students were asked some facts about the Presidents of Nepal to activate their prior knowledge on the topic. After that they were provided with the introduction to President's Day and its reason for celebration in America through PPT slides. Then a video was shown regarding the history of celebrating the very day. Finally, a quiz was conducted among the students in relation to President's Day. Though the observation was completely new to the students, they still seem to be engaged, curious and interested. The observation helped to educate the students about the value of Presidents in a federal and republican country. One of the Access Students stated, "This kind of observation is also needed in our country, Nepal to shed light on the feeling of patriotism which seems to be diminishing in upcoming youths."



Siraha Access visits Library and Science Lab of J.S. Murarka Multiple Campus

Siraha Access visited the Library and Science Lab of J.S. Murarka Multiple Campus of Lahan on July 29, 2022 as an enhancement activity. The students visited there and read some books of their interest. They also visited Science Lab there and interacted with Science teacher. After all, they prepared a short report and shared their learning in their own classroom.

Dolakha Access visits Gaurishankar Community Library and Resource Center

Dolakha Access visited Gaurishankar Community Library and Resource Center on July 23, 2022. They observed different departments/sections such as IT Department, Music and Sports Section, Child Section and so on. They further explored the books of their interest, prepared a review and shared a report in their own classroom as an enhancement activity. They also asked the process of books' procurement and membership with the administrative staff there.

Tanahun Access visits Library of Aadhikavi Bhanubhakta Campus

Tanahun Access visited the library of Aadhikavi Bhanubhakta Campus, Damauli, Tanahun on July 21, 2022. Students were found excited and happy to observe the library, explore and read books of their own interest. They shared their learning and review in the book review session organized in their regular class.

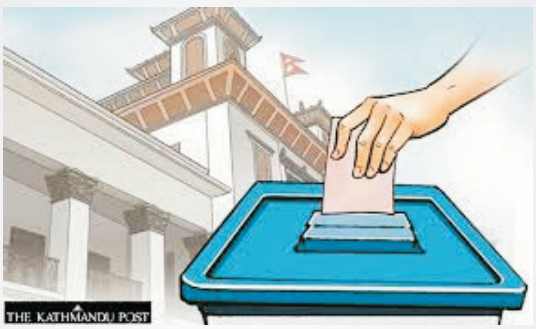


Students of Tanahun Access reading in library at Aadikavi Bhanubhakta Campus

Student's Corner

My Experience at Camp and Election

NELTA organized an Access Intensive Youth Leadership Camp-2022 for developing the capabilities of students, enhancing their different skills and to encourage students to think in a broader and positive way. This camp was held from May 6-9, 2022. The students from Tanahun Access Center, Dolakha Access Center, Bajhang Access Center and Siraha Access Center took part in this camp.



Many different activities were done to boost the confidence level of students and to uplift their mentality and way of thinking. Activities like: orientation and introduction program, field trips, various educational sessions and classes, students' talent show, etc. were mainly performed in this camp. And through the participation in such programs and sessions, students have definitely gained some knowledge to develop their personality and future career, develop better listening, decision- making as well as leadership skills, and also learnt a lot about moral values like discipline, hard work, teamwork, co-operation etc.

Apart from these sessions and activities, our camp also includes another great program i.e. 'Access Model Election-2022'. The main objective of the Access Model Election was to help students learn the procedures of conducting elections and to help them to choose the right candidate for their betterment.

I am deeply amazed by the concept of 'Access Model Election'. We all know that 'The children of today are the leaders of tomorrow', the mentality, attributes and thinking of the children of the present day has adverse effects on our nation's situation in the future. The progress and development of our nation in the upcoming days depends upon the small hands of the children of today. Children can also be compared with clay as their mind and mentality can be shaped. Their actions that they take in the future rely upon how they are shaped now. Teaching the students to vote at an early age can help them become more responsible towards their nation. They can know the importance of each and every vote and thus vote wisely for the right candidate. Learning about the voting system and democracy can not only develop our analysing skills but

also help us to choose and walk over the right path or positive direction. By participating in 'Access Model Election-2022', all the students have developed the concept of a voting system which gradually eliminates our hardships, difficulties or confusing consequences which we might face while voting in the future. This program has also helped us to tackle our problems and helped us to differentiate between a right and a wrong personality. Through our participation in this program, we can definitely choose a visionary and capable leader in the future. As there is a proverb, 'A small step makes a huge difference.' Likewise, a small effort of this program can have huge impacts on the thinking of the students towards the election in the future. Overall, this 'Access Model Election-2022' has taught us how to be considerate to others and their perspectives and has empowered us to use our right to vote.



Ankita Thapa
Tanahun Access

Memory of the Access Camp

The Access Camp was successfully organized at Pokhara from May 6-9, 2022 for the Access students of four different districts i.e. Tanahun, Bajhang, Dolakha and Siraha. We have received the English language instructions and leadership-building activities in this camp.

On the first day of the camp, we were surprised to see the natural beauty of the hotel. Silent and peaceful environment encouraged us. Then, we entered the hall since there was a session by Ms. Samana Baral about 'The Mindset of a Winner'. The topic was really impressive. We had learnt how to make our plan with a winning mindset. If we feel more confidence and see challenges as the opportunities taking risks, it will help us to get success. Positive attitude and learning from the mistakes is the way to get success. Samana Baral ma'am motivated us through her session on day 1.

On the second day of the camp, we went to Phewa Lake in the morning. We were provided some questions to collect answers about the Phewa Lake in order to increase our knowledge and information. After that, we had a session about 'Time Management' by Bishwa Sir and from this we learnt how to work on time by proper time management. After that Dr. Nabila Massoumi had her session. Then, we went for the Book Bus which was really unseen before. After all the wonderful part of camp, the students' talent show was there. Each and every group performed their cultural dance which was related and famous in their locality.

On the third day of camp, we visited Devi's Fall (Patale Chhanga), Gupteshwor Cave and the International Mountain Museum in the morning. Then, there was an Access Model Election-2022. The main motto of the election was to help the student about the process of voting and choose the best candidates. We had chosen the best of the best captain and vice-captain for the Access. Then, we took part in a drama competition. There, we performed our drama and were awarded with the 2nd Runner-Up. We all were surprised and glad that our drama was successfully presented and got a prize. That moment was really unbelievable. Teachers were also awarded different prizes.

We successfully completed all the activities of the camp program. On the final day, we had high tea in the morning and returned to our own destination.



Lalit Neupane
Tanahun Access

Memory of the Access Camp

It's me Kushal B.K. from Tanahun Access Center, Group-B. Access Camp-2022 was held in Pokhara at Grande Hotel. It is located in Kaski district of Gandaki Province. Students from different districts participated. They were from Tanahun, Bajhang, Dolakha and Siraha. The students and teachers of the Access from these four districts participated in the Access Intensive Youth Leadership Camp-2022. The total participation of students from four districts were 160 Access Students, 16 Access Teachers, 4 Focal Persons, RELO representatives, guests from NELTA and form the U.S. Embassy Kathmandu. Around 200 participants were there. Those four days were so amazing. It was the first time I have ever experienced in my life that the facilities provided to us in a five-star hotel. The lessons taught to us by the teachers were the great achievement to all of us. I was thinking about how to stay without my mobile phone for 4 days but after visiting there, I didn't remember my mobile either. The five-star hotel's facilities were so nice. After returning my home, I started missing the camp very badly. The food we ate there was so awesome. There, we could take food ourselves how much we need. Those days having fun with friends and meeting all new and different teachers and friends was nice which I can't explain anymore. NELTA gave us many more things that we didn't have at the beginning. We not only got chance to visit there but also learnt about ICT, how to develop our mentality and many more. I just can't explain that it was so wonderful!



Kushal B.K.
Tanahun Access

Memory of the Access Camp

The camp was one of the most memorable events of my life. I can't describe it in words. In the camp, we got the experience of a 5 Star hotel. The staff of that hotel were also very inspiring. The way they treated us was very respectful. It taught us about respecting seniors and loving juniors. Then the place Pokhara is itself beautiful. The time of boating on Phewa Lake, visiting Gupteshwor Cave, listening to the flow of Seti River from the Devi's Fall and the International Mountain Museum was very much memorable.

The extracurricular activities which we performed were next level. The cultural dances of every district that reflects their culture and identity with different customs and the students showing their hidden talent and the drama all were excellent. The way we chose captain and vice-captain was like the real election. Although we are under 18, we had a chance to vote for a candidate. The bus library of the U.S. Embassy's Book Bus and the motivational sayings of different teachers were inspiring. We got the chance to learn about Coursera. I miss the friends who were very friendly. All the teachers were also very supportive. We met the students of other districts and they were very familiar and friendly. At last thanks to the American Embassy, RELO and NELTA for providing us this opportunity.



Sangam Paudel
Tanahun Access

Nature

Nature, Nature, Nature
Beautiful, Peaceful Nature

Nature makes the world full of joy
Please don't play to think a toy
Nature is our life
It gives us good vibes

Nature gives us Food, Wood, Air
It is everywhere and everywhere
Nature is one of the blessings of life
We all should protect it like our wife.



Prince Chandra Pal
Siraha Access

Access Intensive Youth Leadership Camp-2022

Introduction

Access Intensive Youth Leadership Camp-2022 was organized by NELTA and sponsored by the U.S. Embassy Kathmandu. The theme of the camp was 'Youths for Global Transformation' and the camp was held on May 6-9, 2022 for four days.

Day 1

On May 6, we all Access students and Access teachers from Tanahun got ready for the camp. We all got together at the Access Center. And at 11 o'clock, the bus started to move for the camp to Pokhara Grande. At around 2:30 PM, we reached Pokhara. We all went to Phewa Lakeside to visit. We felt very glad that we got a chance to visit Phewa Lake. At 4 o'clock, all Access students and teachers came to the Pokhara Grande. The students and the teachers from all Access Centers (Bajhang, Dolakha, Siraha and Tanahun) attended the Access Intensive Youth Leadership Camp-2022. The theme of day 1 of the camp was 'Coming Together'. The Access Program Coordinator, Sudip sir called our name and provided us keys to our rooms. Ranjana and Sanjita were my roommates during the camp. After that, we went to the hall for the session. The session commenced with orientation to the students, introducing each other and a session facilitated by Ms. Samana Baral. We Tanahun Access students attended a session entitled 'The Mindset of a Winner'. We learned about the fix and growth mindset. After that, we had dinner and went to our rooms to sleep.

Day 2

On the second day of Access Intensive Youth Leadership Camp-2022, I woke up early in the morning, then I along with my friends went to have a breakfast. On that day, we had a field trip as well as opening ceremony. The theme of the 2nd day was 'New Beginning'. For the field trip, the teachers divided us into different groups. And, they have given us some assignments related to field trip. Then, we went to Phewa Lake for the field trip. We did boating there. Me and my friends got so excited and happy. We got a chance for boating and viewed the nature of the Tal Barahi Temple. We took a lot of photos with our Access teachers and friends. After that, we went back to the hotel i.e. Pokhara Grande. We had an opening ceremony. Opening ceremony of the camp started with agenda sharing, formal opening and camp cheers by 16 floral groups. The opening ceremony was chaired by Ms. Motikala Subba Dewan, NELTA President and inaugurated by the chief guest Dr. Nabila Massoumi, RELO from the U.S. Department of State. Ms. Motikala Subba Dewan, NELTA President delivered her welcome remarks on which she highlighted the importance of such camp to the students. Dr. Nabila Massoumi congratulated all of the students and teachers and NELTA and wished for the successful completion of the program with insightful learning. We learned many more things from

the sessions and had a good memory since we took part in cultural program.

Day 3

On the 3rd day of the camp, we woke up early in the morning. As per the schedule, we all went to Devi's Fall, Gupteshower Cave and International Mountain Museum for a field trip. After reaching Devi's Fall, we observed closely and took photos together. I felt very glad to be there. After spending about an hour, we moved to Gupteshower Cave. We walked around 10 minutes inside the Cave and saw a Gupteshower Mahadev Temple and heard the voice of the flow of water that flows from Devi's Fall. After visiting Gupteshower, we went on a field trip to observe the International Mountain Museum. There, we observed different indigenous habitats of the mountain region of Nepal. We saw different status wearing different cultural dresses. After that, we went back to the hotel. We all Access students took part in the Access Model Election-2022. The main objective of model election was to help students learn the procedures of conducting elections and to help them to choose the right candidate for their betterment. On that day, we learned how to compose a poem from the session facilitated by Ms. Motikala Subba Dewan, NELTA President.

At last, there was a drama competition. Each Access Center performed 2 dramas in the drama performance competition. We Tanahun Access students performed drama on 'Supporting Parents and Child Marriage'. The drama performance was judged by 3 judges, Mr Ashok Sapkota, Mr. Ajay Thapa and Mr. Bikas Rimal based on acting, dialogue, stage presentation, coordination and message. Then, all students were awarded in different competitions/events. In drama competition, Tanahun Group B and Bajhang Group B were awarded with the trophy for the 2nd Runner-up and Siraha Group A was awarded for 1st Runner-up and Dolakha Access A got the trophy of the winner. Then, Dr. Nabila Massoumi, RELO delivered her congratulatory message and Mr. Pitri Raj Bastola, NELTA Central Committee Member gave vote of thanks to all for the successful completion of the program.

Day 4

On the 4th day of camp, we woke up and had breakfast. That was the final day of the camp and the theme of that day was 'Transforming to the Future'. We all got ready to return home. We felt very happy that we got a chance to go camp with our Access teachers and our Access friends from not only our district but also from 3 other different districts.



Tilisara Thapa
Tanahun Access

My Camp Experiences

The English Access Microscholarship Program is implemented by Nepal English Language Teachers Association (NELTA) and sponsored by the U.S. Department of State. It provided 2 years' after school instruction to enhance English language skills, computer skills, leadership skills etc. Access Intensive Youth Leadership Camp was held from May 6-9, 2022 and the theme of the camp was 'Youths for Global Transformation'. There were about 190 participants in the camp including 160 Access students, 16 Access teachers, 4 focal persons and other guests from NELTA, RELO and other institutions.

Day 1

It was May 6, 2022 when we had the first day for the Access Camp. The theme of that day was 'Coming Together'. On this day, all the students and our teachers along with Focal Person, Lal Prasad Bhattarai gathered at the front of Aadikavi Bhanu Bhakta Campus at sharp 11:00 am. We then bought some snacks and we were provided with pills for vomit reliving, as many of us had bus sickness. Then, we headed towards Pokhara in a reserved deluxe bus. We also picked some friends on the way. There were a total of 45 members from Tanahun Access Center including 40 Access students, 4 teachers and a Focal Person. I had experienced bus sickness earlier, so I couldn't enjoy the fun in the bus, but my friends and teacher were enjoying, singing, dancing and talking about activities that we were doing in the Access camp. We reached Pokhara Grande at about 3:30 pm. We were 1 hour early to check in to the hotel, so we had a short field trip to Phewa Lake. I was also relieved from bus sickness and enjoying the beautiful scenery there. After that, we went to Gaurighat Park and we enjoyed chatpat over there. After that at about 4:30 pm, we returned back to Pokhara Grande. As we entered the hotel we were given the key and power card of our room by Sudip sir and the receptionist over there. We were given one room for 3 students. The hotel and rooms were very luxurious and comfortable. We got into our rooms and arranged our belongings and rested for a while. Then we were informed to attend the very first session at about 5:30 pm at Annapurna Hall. There was an introduction session and material distribution program. After that, we were provided with a session by Ms. Samana Baral on topic 'The Mindset of a Winner'. Then, we had our meal at about 8:30 pm. Then we were informed to wake up at 5:45 am in the morning for a field trip. Then we went to bed early as the first day of the camp was really tiring. Dolakha Access Center also arrived late evening and we introduced each other with them too.

Day 2

With the theme 'New Beginning' on May 7, 2022, we woke up at 5:30 am. Then, we did our morning routine. We all gathered at the front of the hotel. There, we met the students of Siraha and Bajhang who arrived late at night. There were a total of 160 students and we were divided into 16 floral groups and provided with a floral identity card. Then, we went for a field trip to Lakeside of Phewa. We visited Phewa Lake and had a lot of fun. We also went to Tal Barahi Temple and enjoyed the scenery over there. We also noted the important information about the place and had a photo session before we returned to the hotel. After having lunch, we went to Annapurna Hall quickly since the opening

session was conducted by the President of NELTA, Motikala ma'am, she taught us how to write poems. We also listened to English music which was very fun. We made cheering quotes according to our floral group. Then at about 12 pm we had our lunch. Then after that we had a parallel session. We got sessions from Bishwa Raj Gautam sir on topic 'Time Management', Keshab Prasad Parajuli on 'Language Learning via Games' and other various sessions. We learned a lot of things from those sessions. Then after that at about 4'0 clock we went to see the Book Bus. We read a lot of books over there. We also learned about Book bus and its facilities from Ms Rashmi Shrestha. Then at about 5 pm we had high tea, after that student talent show was conducted. There was a presentation of traditional dances, singing, poems, drawings and other talents from students. It was a really exciting and fun moment. We also watched and enjoyed the Deuda dance. Then the program was completed at about 9 pm, then we had our meal and went into our room to sleep.

Day 3

It was our 3rd day of the camp and the theme of that day was 'Exploring Yourself'. As per the schedule of the camp, first, we went on a field trip early in the morning. At first, we went to Devi's Fall and wish pool. After that, we went to Gupteshwor Mahadev Temple and also Gupteshwor Mahadev Cave. It was a very nice trip. There were also many statues of gods and goddesses. After that, we went to the International Mountain Museum. We saw the traditional clothes, utensils and materials used by various castes of Nepal as well as of other countries. We also got information about mountains, various mountaineers of Nepal and materials used for mountaineering. Not only that, we also saw a documentary about various Mountains of Nepal. We also noted all the things that we enjoyed on our field trip. After that we returned to the hotel at about 10:30 am. Then, the Access Model Election-2022 was held. It ended at 12 pm. Then we had dinner. After that we got a session from Motikala Subba Dewan ma'am on the topic 'How Can I Write Poem?' Then we got other sessions from other instructors. After that we interacted with Bishal Gurung, Mister Teen 2004. We learned about his life story and he also taught about entrepreneurship and gave a lot of motivations to us. We had a short break for lunch and preparation of drama after the completion of those sessions. After lunch our drama competition was held between every group of Access Centers. All the dramas was very fun and motivational to watch. All the drama performances ended at about 8 pm. Then after that there was a prize distribution program for various performances such as for drama, election, cheering quotes, students' talent performance and appreciation for teachers and students.

Almost all the participants got the prize, which was a very fun moment. Tanahun Access Center Group B and Bajhang Access Center Group A become second runner up in drama, Siraha Access Center Group A become first runner up and Dolakha Access Center Group A Become Winner of Drama performance. It was a very memorable moment. As it was already 9:30 pm, we ate our supper and had a sound sleep.

Day 4

On the fourth day, we woke up at 6 am. Then we freshen up and packed our belongings as it was the day to return to our home destination. We carried our backpacks and

went to Thasang Hall for breakfast. While having our breakfast we were informed that the participants from another Access Center had already left for their home. We were really sad that we couldn't give them a good bye. After that we also got farewell hands. We thanked all the representatives of NELTA and the U.S. Embassy Kathmandu for giving us this opportunity. Then, we also rode to our home destination, Tanahun at about 7:15 am. We arrived at Damauli Bazar at about 9:30 am. Then we all departed with each other giving a sweet goodbye. Our camp was very nice and memorable. This camp gave us an opportunity to learn American as well as our native cultures and traditions by teaching the etiquettes and language of America and by various competitions such as traditional dancing, singing etc. It taught us how election and voting is done and how to distinguish a good person and elect them. It developed confidence and leadership in me. It has developed the feeling of cooperation and unity among me and my other Access friends. So, I would like to thank the sponsor of this 2-year Access Program and Access Intensive Youth Leadership Camp for providing us a golden opportunity and this golden platform.



Sandhya Adhikari
Tanahun Access

Report of Access Intensive Youth Leadership Camp-2022

Access Intensive Youth Leadership Camp-2022 was successfully held from May 6-9, 2022. 160 Access Students, 16 Access Teaches and Focal Persons, Access Officials, NELTA representatives and the guests from the U.S. Embassy Kathmandu attended this program at Pokhara Grande, Pokhara, Kaski, Nepal.

First day of camp started with the theme entitled 'Coming Together '. We attended a session entitled 'The Mindset of a Winner' facilitated by Ms. Samana Baral and learned about fixed and growth mindset.

The theme of the second day was 'New Beginning'. We went on a field trip to Phewa Lake in the morning on May 7, 2022. Opening of camp was started with agenda sharing and camp cheers by 16 floral groups. Ms. Motikala Subba Dewan delivered her welcome remarks. Similarly, all the other chief guests have also delivered speeches sharing their own perspective towards camp. Students were divided into 2 groups for parallel sessions. Mr. Biswa Raj Gautam sir took a session on 'Time Management', Mr. Prakash Chandra Giri sir facilitated a session on 'Personality Development', Dr. Nabila Massoumi ma'am had her session on 'Lagansheelata: An American Diplomat's Story' and Ms. Motikala Subba Dewan ma'am facilitated session on 'How Can I Write a Poem?'. There were 5 station sessions on which students were divided into floral groups. The session includes 'Book Bus Reading' by Ms. Rashmi Shrestha, 'Book Bus Program Engagement Presentation' by Ms. Rubina Pradhan, 'MOOCs for Online Learning' by Mr. Baman Ghimire, 'ICT for Social Transformation' by Mr. Ashok Sapkota and 'Language Learning via Games' by Mr. Keshab Prasad Parajuli. The most interesting and exciting part of the day as well as the camp was students' talent

performance and camp review where students from different Access Centers performed their cultural dances.

The third day of the camp was marked with a field trip to Devi's Fall, Gupteshwor Cave and the International Mountain Museum in the morning on May 8, 2022 with the theme 'Exploring Yourself'. Access Model Election-2022 was also organized to elect Access Captain and Access Vice Captain with the objective of helping students learn the procedures of conducting election and aware us to choose the right candidate for our betterments. There was also a motivational speech by Mr. Bishal Gurung, Mister Teen 2004, Nepal and a young entrepreneur on 'Entrepreneurship'. He motivated us through his own stories of struggles and success in the field of business. Drama competition was also conducted with the objective of awaring the students themselves and their society through social transformation. Each Access Center performed 2 dramas in the Drama Competition where the titles, dialogues, characters, scripts, message were prepared and performed by students themselves. In the drama competition, Tanahun Group B and Bajhang Group B were awarded with the trophy for 2nd Runner-Up and Siraha Group A was awarded with the trophy for 1st Runner-Up. The trophy of the winner was lifted by Dolakha Group A. During the closing ceremony, students were also awarded with different prizes of different competitions and events.

The final day of the camp began with the theme 'Transforming to the Future'. The students and teachers had not only happiness of lifting the trophies and receiving the awards but also the feeling of departure tones. After getting orientation and suggestions, all of them departed from the venue and travelled to their respective destinations in the very morning of May 9, 2022 promising with fulfilling responsibilities and keeping memories through their lives.

I feel very proud to be the Access student and involved in such activities where I could boost up my confidence level and even enhance my listening skill, speaking skill, creativity and active public participation. I am very thankful to Access Program to involve us in such camps and helping us increase our knowledge beyond our school curriculum. Different sessions were facilitated to us and they have really helped us step forward by teaching us new things and increasing our knowledge in various subject matters. Similarly, field trips to different places have helped us in easy adaptation to new environments and have a feeling of connection towards nature. It has also helped us learn about new cultures and traditions and even exchange our social norms, values and beliefs with one another. Moreover, this camp has really helped me develop the feeling of unity and understand the power of teamwork and has also helped me enhance my habit of sharing own perspective freely without any hesitation. So, I would like to thank the Access Program and entire team for providing us with such opportunities from the inner core of my heart. Lastly, it was really thrilling, exciting, memorable and a wonderful experience.



Bharosa Baniya
Tanahun Access

Why do I remember the Access Camp?

From the Access Program, we got many opportunities to participate in different activities. We could show our hidden talent here. And also we got the best opportunity for Access camp which is memorable and can't be forgotten in our whole life. Access Intensive Youth Leadership Camp-2022 was successfully held from May 6-9, 2022. It began with the participation of 160 Access Students, 16 Access Teachers and Focal Persons and many other guests. It was held at the hotel named 'Pokhara Grande', Kaski, Nepal. We have a great experience where we can meet friends from 4 different districts.

First day, we reached around 4 o'clock. After that we moved to Phewa Lake for just an hour. Then, we moved to our destination Pokhara Grande. We attended a session entitled 'The Mindset of a Winner' facilitated by Ms. Samana Baral.

Second day, we went on a field trip to Phewa Lake in the morning around 6 o'clock on May 7, 2022.We have got some questions related to Phewa Lake and Talbharai Temple. We have collected the information about it. Ms. Motikala Subba Dewan delivered her welcome remarks in the formal opening ceremony of the program. Mr. Biswa Raj Gautam sir took a session on 'Time Management'. Mr. Prakash Chandra Giri sir facilitated a session on 'Personality Development'. Dr. Nabila Massoumi ma'am had her session on 'Laganshelata: An American Diplomat's Story'. As we all know that, her favorite word in Nepali is 'laganshelata'. Also, there were some sessions such as 'Book Bus Reading' by Ms. Rashmi Shrestha, 'Book Bus Program Engagement Presentation' by Ms. Rubina Pradhan, 'ICT for Social Transformation' by Mr. Ashok Sapkota, 'MOOCs for Online Learning' by Baman Ghimire, 'Language Learning via Games' by Keshab Prasad Parajuli. After all, the most exciting part of the camp was student's talent shows from different Access Centers. They performed their cultural dances. I enjoyed a lot to be there and watch the performances.

Third day, we went field trip to Devi's Fall, Gupteshwor Cave and the International Mountain Museum in the morning around 6:30 after having breakfast on May 8, 2022. There was also an Access Model Election-2022 to elect captain and vice-captain. We all students from different districts have to choose the right candidate for the betterment of Access students. There was a session by Mr. Bishal Gurung, Mister Teen 2004, Nepal on 'Entrepreneurship'. There was competition between the groups of Access students on drama performance. All of them gave a best, among them Tanahun group B and Bajhang Group B were awarded with the 2nd Runner up. The best among the best was awarded to Dolakha Group A. Students and Teachers were also awarded with different prizes of different competitions/events.

Final day, on May 9, 2022, all students and teachers were very happy for the wonderful camp. All teachers gave us more knowledge and suggested us for our better lives. They taught us to be good and more talented. After that, all students

and teachers returned to their respective destinations.

I was very happy and proud that I am a student of the Access. By involving in such activities, I can grow my confidence level and become more active in such opportunities. Thank you to all the Access teachers for giving us such a great opportunity and made our mind fresh and also increased our different out-knowledge. It helped us to be friendly with all the Access students and Teachers.

Lastly, I would like to thank the Access Program and the whole entire team for providing us with such a great opportunity.



Alisha Sedhai
Tanahun Access

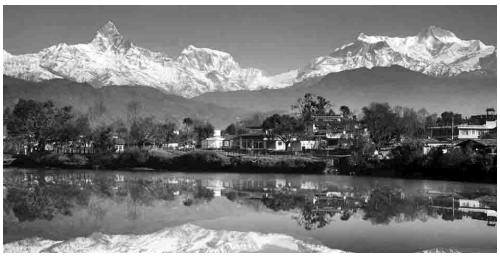
The Memory of the Access Camp

The way we danced in our cultural song while putting on cultural dress was most wonderful. Although we were not perfect, we performed our best. The hotel was also very fantastic. The varieties of food, the way the employees treated us was very polite. They even taught us the best way to talk with seniors and juniors. The environment of Pokhara, the scenery of Phewa Lake, the sound of Devi's Fall, the Gupteswor Cave and also the International Mountain Museum with a lot of information for us were all mind-blowing. All the friends from different Access Centers were very familiar. Even the teachers of other Access Centers were also very supportive. We talked with them very much. The best part of the camp was the motivational guidelines given by different speakers/facilitators. The bus library was awesome. We sang, we danced and stood 2nd runner up in the drama competition. At last, I would like to thank our Access Teachers, Access Program Coordinator, Sudip sir, all the NELTA family and RELO, the U.S. Embassy Kathmandu for granting us such a great chance and opportunity for those days. It will always remain in my heart.



Pramish Thapa
Tanahun Access

Reflection of the Camp at Pokhara



There are many special days in everyone's life. Some of them are very memorable and some are forgotten after a short period of time. Among them, I have very memorable days i.e. 'Camp of Pokhara'. I will never forget those days because I had been there for the first time in my life with the Access friends and teachers as well as the other great personalities of NELTA, the U.S. Embassy and other organizations.

I felt very excited there in the camp. I have got the chance to communicate with new friends from different districts of Nepal i.e. Dolakha, Tanahu and Siraha. I really like the facilities of the hotel, 'Pokhara Grande'. I learnt a lot of things from the camp. Time management of the camp was quite good. I visited and gathered new information about different beautiful places of Pokhara including Phewa Lake, Tal Barahi Temple, Devi's Fall, Gupteshower Mahadev Cave and the International Mountain Museum. I enjoyed looking at cultural dance, dramas, and other talents shows presented by the Access students. I thought myself a grateful person for getting the chance to learn about many useful things that are essential in our life from the highly skilled professor as well as the great inspirational people. I was feeling dizzy during the camp because of long travelling, but that was nothing behind the camp. So, Pokhara's Camp was the best camp and a very memorable day of my life.

I also tried to write a poem on .....

The Camp

Once I had a dream of camp,
The camp was very pleasant because of the lamp;
I was in the camp with my friends,
He was a great person with a great heart.

Because of really an exciting place in the dreaming
Me and my friends were screaming;
We were enjoying a lot,
The camp that we have got.

We were singing in the concert together,
And were trying better and better;
Anyway the place that I was dreaming was really a great,
Which is free from social problems and neat.



Kamal Rawal
Bajhang Access

My Journey to Pokhara from Bajhang

Day 1

On May 5, 2022, I woke up early in the morning at 6:00 am. I did my daily activities like washing my hands, face etc. I went to the Access class of Bajhang to meet with friends. I met my all Access friends and we all went to a temple. We prayed to God for our safe and successful journey. We all went to the place where the bus was parked. All the Access students got on the bus and took their seats orderly. When the bus started to roll, we cheered. The bus driver would stop the bus from time to time to pick up the Access students who were waiting on the way at different places. While the bus was rolling slowly, it stopped near Jhota, Bajhang for a mini breakfast. All students got off and teachers bought some snacks according to the demand of students. After eating, we all moved from Jhota and arrived at Bagthala at 9 am. Again, we all took foods like samosa, pulses, curd and roti as a breakfast there at Bagthala. After breakfast, we started our journey. Most of the students were so excited but some of them were nervous because of vomiting. Some of the students were sleeping on the bus and some were singing despite they they were tired. My friend Sandeep Bam and I saw a woman carrying a fruit basket, bayberry (Kafal). We bought bayberry of hundred rupees. It was very tasty. At 2:30 p.m., we arrived at Dadeldhura, village of Prime Minister of Nepal, Sher Bahadur Deuba.

We all took our food hurriedly in Dadeldhura because it was too late. Nearly at 3:15 pm, we moved from Dadeldhura with dancing, singing and enjoying a lot. On the way to Dhangadhi from Daeldhura, Sirjan had called her sister to bring bayberry, who has been living in Budar. She gave bayberries to Sirjan. He distributed them to all the friends in the bus and the bus continued its journey until it arrived at the bus park of Atteria, Kailali. We all came out to make our mind fresh and active.

Access teachers bought some fruits and goods from the nearby shop and we stayed there for half an hour. I bought a Bluetooth earphone and a watch that cost Rs.1000. Nearly 7:30 pm, we got on the bus and we started our journey to Kohalpur, Banke. Teachers provided fruits and biscuits to all the Access Students. We arrived at Kohalpur too late at around 11:55 pm to stay at the Hotel Atithi. The food and hospitality of the hotel was good. We ate sweet food and went to bed.

Day 2

Next day, early in the morning, we got up and took our baggage and got on the bus towards Pokhara. On the way near Lamhi, we took breakfast but it was costly and the hospitality was not good. We reached Butwal and ate food hurriedly. The bus

went up to the hill via Palpa. When we arrived at Pokhara, some officers/ hosts were waiting at the gate of Hotel Grande Pokhara. When we entered the hotel, we were very happy because we had never seen such type of hotel with excellent facilities and services. The management of the hotel taught us some new things. We ate food and went to bed because since we were very tired of the first and a long tour our our lives. On May 7, I woke up early in the morning. I became fresh. Then I had breakfast. After having my breakfast, I went to join the session. All the sessions were fixed by NELTA. Everything was on time and systematic. Then, we all Access friends joined the assembly line. Sudip sir, Access Program Coordinator for all Access Centers, told us about all the sessions of that day and schedules too. First, we visited Phewa Lake which is one of the famous lakes of Pokhara. It was really beautiful and awesome.

We took a boat wearing life jackets. I got so excited because that was my first experience. It was unbelievable, auspicious, and amazing to ride on a boat. We went to Tal Barahi Temple by boat. We visited Tal Barahi Temple for a half an hour. Tal Barahi Temple is located in the middle of Phewa Lake. It increases the beauty of Phewa Lake. I noticed lots of things from Tal Barahi Temple and Phewa Lake.Then we returned from Phewa Lake to Pokhara Grande. Sessions were fixed on this day and I joined all the sessions honestly. I learned lots of things from those sessions. I got so many new things from their presentation. I also got inspired from some of the sessions. In this way, I joined all the sessions of the day and I learned a lot of things there.

Day 3

Next day, again I woke up early in the morning. And I did my daily activities. I had my breakfast. Then I again joined the assembly line. It was May 8, 2022. First, we visited Devi's Fall which is one of the famous places for tourism. We took lots of photos there. I visited all the places of Devi's Fall. Then we all went to Gupteshwor Mahadev Cave. We visited all the places of this Cave. It was unbelievable and awesome. We took all the photos there. We returned to Pokhara Grande. I joined all the sessions of the day honestly. All the classes were inspiring and motivating. I learned a lot of things in this day through the sessions.

In this way, this camp was really awesome. We students from all the Access Centers got a chance to meet each other. We also got a chance to learn new things from this camp. Really I learned lots of things that can change my life too. Hope this camp will come again. I am so excited to visit such a place again. Not only me, all the students are so excited to visit such a place again because the camp that we have taken is unforgettable.

Bimal Bashyal
Bajhang Access



Camp Reflection

We, 40 students from Dolakha Access were taken to Pokhara for camp from May 6 to 9, 2022. The place where we stayed is Pokhara Grande at Pokhara. There was presence of the students, teachers and focal persons from 4 districts i.e. Dolakha, Siraha, Bajhang, and Tanahu. We did lots of activities there with teachers and students from different Access Centers. Firstly, we each were divided into separate groups, like Jasmine, Carnation and so on where different Access Centers' teachers and students were involved and got the chance to get to know each other. We attended different sessions where we learned about ICT, Entrepreneurship, and poetry. Not only this, we came to know how elections are held. We performed drama there on different topics like 'Girls Trafficking', 'Drug Abuse' etc. Then, we students from different Access Centers performed cultural dances which helped us to know about rituals and culture of other places as well. Then after there was a talent show where many friends showed their talents. We visited beautiful places like, Tal Barahi Temple, Gupteshwor Cave, the International Mountain Museum etc. We made notes on important features of every place. Then we took group photographs in each place. Every activity we carried out was scheduled. That's the reason we got the chance to learn more things. Lastly there was prize distribution by different personalities in different categories.



Overall, it was really fruitful, lesson giving, pedagogical journey. The best part was working on groups which helped us to make many friends from different Access Centers. It is an unforgettable camp which will be in my reminiscence forever.



Bipana Nepali
Dolakha Access

My Camp Experiences

Access Intensive Youth Leadership Camp-2022 May 6 to 9, 2022 began with the arrival of 160 Access students 16 instructors, 4 focal persons, Access Officials and NELTA representatives at Pokhara Grande Pokhara Kaski, Nepal. The students and instructors from all Access Centers, Bajhang, Dolakha, Siraha and Tanahun, attended the Access Intensive Youth Leadership Camp 2022 and the theme of the camp was 'Youths for Global Transformation'.



My name is Debindra Agri. I am a student of the English Access Microscholarship Program, Bajhang Group B. All the Access students from Bajhang arrived at Pokhara Grande on May 6 after travelling the two whole days. The camping was amazing and unbelievable. Bishwa sir and Nabila ma'am were there who increased the beauty of this camp. The Access Program Coordinator, Sudip Neupane sir who managed all the sessions and activities of the camp. I'm so happy because he was doing all the work perfectly and in a timely manner. The teachers and the Access students from all the centers were very happy by joining this camp. Meeting with new friends and new teachers and other NELTA representatives was really unbelievable. The schedule was already fixed to organise each and every activity of the camp. The NELTA President Ms. Motikala Subba Dewan ma'am was really amazing. In this camp, I hope all the students from all centers have improved or learned a lot of things. Not only students, all the teachers also learned a lot of things by joining this camp. I also learned so many things from this camp. I got a chance to make new friends and get knowledge from them too. All the students were divided into different groups according to the name of the flower. There were sixteen floral groups. Team Leader was assigned by the NELTA to each floral group for us. My group name is Gypsy and the Team Leader of our group is Shanti Kumari Singh, Access Teacher form Bajhang. She is my Access teacher too.

On May 7, 2022, the session was fixed. There were different facilitators who delivered different sessions. Different facilitators presented their sessions in different halls. Their presentations were amazing. The first session that was presented in camp was 'Time Management' which was facilitated by Bishwa sir. He taught us about the importance of time and its effective management to achieve our target at the right time.

Time Management

This is the first session that was presented on May 7. This session was delivered by the RELO Program Specialist, Mr. Bishwa Raj Gautam sir. He taught us a lot about time management. He also taught us the importance of time and how to manage time.

I learned how to manage time and now I am implementing these rules in my life. He taught us three term plans for managing time. They are short term plans, mid-term plans, and long term plans. I also felt this is the best way to manage time. Bishwa sir, you did great! Thanks for your valuable session!

MOOCs for Online Learning

From this session I learned about **Coursera.org** and it is an English language learning platform. Coursera was founded by Danphe Koller and Andrew NG in 2012 with a vision of providing life transforming learning experiences to learners around the world. Today, Coursera is a global online learning platform that offers anyone, anywhere access to online courses and degrees from leading universities and companies. This session was presented by Baman Ghimire sir. He is a local resident of Pokhara. He taught us how to join Coursera. We students from all Access Centers learned how to create Coursera account and get a degree from this online platform.

ICT for Social Transformation

This session was presented by Ashok Sapkota sir. He taught us about the importance of ICT and its uses. The session was based on seven topics related to ICT. He taught us about CC and BCC that are used in professional emails. He told us about many websites/ICT uses like Chrome, Opera, Google Drive and other useful websites. He taught us to create a blog and post information through it. He taught us so many things about the uses of ICT. He also taught that how to search audiobooks on online. He also inspired us to connect YouTube with our study. I learned all these things from his session. Not only me, others students from all centers got a chance to learn about the importance and the uses of ICT. This session was amazing and informative.

Language Learning via Games

The main activity under this session was scrabble games for learning. It is a famous game that is played all over the world. I was unfamiliar with this game. But after joining this session, I am able to play this game. I came to know that it is also a tough game that is played all over the world. I also knew that scrabble is a board-and- tile game in which two to four players compete in forming words with lettered tiles on 225 - square boards; words spelled out by letters on the tiles and interlock like words in a crossword puzzle. Players draw seven tiles from a pool at the start and replenish their supply after each turn. The winner is decided at the end by counting the words that each player has made. The player that has the maximum number of words will win the game at the end. I learned a lot of vocabularies from the scrabble game.

Book Bus

Book Bus is a bus that can move from place to place carrying a lot of books inside it. We students from all the Access Centers got a chance to read some important books. It was hard to believe that this Book Bus can move from place to place. Rashmi Ma'am from Laltpur was driving this Book Bus. I got surprised because that was my first time where I saw a movable library. I read about Nelson Mandela who was an African leader. He had spent 27 years in prison though he was not a criminal. Other students also read so many books like me. We all gave our opinion on a piece of paper.

Lagansheelata: An American Diplomat's Story

This session was delivered by Dr. Nabila Massoumi ma'am. She showed a script about her family. She told us about her life. She told us about how she got this opportunity. I got inspired by listening to her biography. She passed through a struggling life. She told us about the problems that were happening in her life. I learned lots of things from her sessions like; we shouldn't give-up and we

should keep on working until we get success or we should always remember the word 'laganshеeleta' and work for the same.

Personality Development

This session was delivered by Prakah Chandra Giri sir. He gave us the introduction and the importance of personality. He taught us about how to develop personality. He also told us about the different kinds of personality. I like him because his personality was perfect. I learned how to develop personality and good manners. All the teachers and the students also learned how to develop personality and the importance of it.

After completion of the session entitled 'Personality Development', all the students and the teachers from all Access centers gathered in the hall. The students from different centers showed their talents in talent shows. After this activity, there was a cultural dance show. Students from all centers showed their own cultural dances. We students from Bajhang Access centers showed our best cultural dance Deuda along with our cultural dress. That moment was so enjoyable because all the students and four teachers from Bajhang were playing Deuda along with respect for the camp. Motikala ma'am didn't know how to play Deuda but she was just dancing. It was a funny moment but she learned quickly.

The next day, all the sessions were fixed like day one. I joined all the sessions honestly. The first activity of day two was to visit Devi's Fall, Gupteshwor Mahadev Cave, and the International Mountain Museum. I also visited there. Right after a field trip, there was a model election of the Access. I also participated in this voting session. I was one of the candidates for captain from Bajhang. One captain and one vice-captain were supposed to be elected. All the students voted for their favourite candidates. This program was just like a real election. I was so excited at this moment. The third session of the day was 'How Can I Write a Poem? by Motikala Ma'am. She taught us how to write a poem. I liked this session very much because I learned how to write a poem. She taught us deeply. She is so talented at writing poems. I also got inspired from her session. So, I am writing a poem daily and I am improving a lot nowadays. And the fourth session was 'Entrepreneurship' by Bishal Gurung. He shared his life story in his session for about an hour. He is a fashion designer. He belongs to the local residence of Pokhara. He shared all the problems that happened throughout his life. His presentation was so miserable. I also wept by listening to his life story. Not only me, all the Access students and teachers were weeping by listening to his life story. I learned a lot of things through this session. This session was one of my favorite ones. I learned how to move on in life through different problems. I also learned how to change my life. In this way, the session was really inspiring. After this, there was drama competition among the four Access Centers. All the centers had prepared their drama. All the Access Centers showed their drama perfectly and orderly. The competition was tough. All the students and the teachers were enjoying themselves at this time. Some dramas were outstanding and some were good. All the students finished their drama orderly. The last activity of the camp was prize distribution on May 8, 2022. The students form Dolakha Access Center got the first prize and Siraha students got Second prize and Bajhang and Tanahun students got second runner up prize. In this way all the teachers and the students got the prize. The camp was really amazing. It holds a memory in my life. I can't forget it even in my old age too. it will remain in my mind forever. Indeed, this camp holds a memory not only of mine but for everyone who was presented there.



Debindra Agri
Bajhang Access

Access Intensive Youth Leadership Camp-2022

The Access Intensive Youth Leadership Camp was organized by NELTA as a part of an intensive session. It was held on May 6 to May 9, 2022 at Pokhara Grande, Pokhara. The purpose of this event was to build leadership skills of the student, to develop punctuality of students as well as to create curiosity to learn in a jolly way. It was a very well planned camp and many formal instructors facilitated their sessions in the camp.



May 6

In the camp, all the NELTA and Regional English Language Office members from the U.S Embassy Kathmandu as well as four Access Centers' students and teachers were presented at Pokhara Grande Hotel. Peaceful environment and mountain view were amazing to see. The first day of session was given by Ms. Samana Baral on the topic 'The Mindset of a Winner'. We were lucky to get such a session. We learned many informative things like; how to make a plan, accountability, to make daily routine and schedule and perspective etc. It was the most informative session ever.

May 7

We enjoyed a field trip with all access students and teachers at the Lakeside of Pokhara, Phewa Lake. With a safety life jacket, boating in a green lake, clicking photos in a little boat heading to the Lake Side Stupa were some of the memorable activities during a field trip. We walked to the temple and fed fish. It was like a lovely row on a gorgeous warm day. Opening Ceremony by Ms. Motikala Subba Dewan gave an informative speech. We learned a lot from different sessions on 'Time Management', 'Personality Development', and inspiration from the RELO Officer, Dr. Nabila Massoumi. We did camp cheers from all 16 floral groups. We got our first experience reading books through the Book Bus. We got different lessons from different sessions in the camp. The last and memorable event was our talent show where we collected information about different cultures and traditions. We slept after having food at 10 pm with a curiosity of what will happen in the next day.

May 8

On the third day, we enjoyed a field trip to Devi's Fall, Gupteshwor Cave, and the International Mountain Museum. We enjoyed the mild climate, captured photos in front of the waterfall and also took some photos in the cultural statue. Another place we went was Gupteshwor Cave. All friends experienced a walk of 5-10 minutes inside the Cave where they

saw the water falling from Devi's Fall. We faced water drops while walking through the cave. We heard a waterfall which was falling from Devi's Fall. We again moved to the International Mountain Museum. We got lots of information like lifestyle of the people of the mountain region, statues of mountain people, models of mountains, educational videos, topographical maps of Himalayas and various things about history, geography and biodiversity of Nepal and the lifestyle of people of Alps Himalayas yesterday and today.

The Access Model Election-2022 was held there to elect a captain and a vice-captain for the Access. We experienced the election at the age of 16. There we learned how to cast vote and choose the best candidate among all.

Access Intensive Youth Leadership Camp was really a very nice idea to help students step forward. Different sessions provide students with different new things. We students developed different skills like speaking, listening and so on from our active participation in the different activities organised at the camp. Election held there helped students develop leadership, learn the process of electing a leader and also to elect a capable and visionary leader. Student talent performance boosted up their confidence. It was a wonderful experience. It was also an ample opportunity to learn about new culture, tradition, norms and values and also to feel nature and its beauty of Nepal.



Ajit Poudel
Tanahun Access

Access Intensive Youth Leadership Camp-2022

We had orientation session from our teachers before we went to Pokhara for Access Intensive Youth Leadership camp. We were excited to visit Pokhara for our camp. Our teachers had asked us to reach at Access Center early in the morning on May 6. So we left our home with our bagpacks and reached at Access Center on time. From there we headed towards Pokhara which is in the natural surroundings of Kaski district. The beautiful scenery on the way really appealed to me which still flashes in my memory. We were also looking around the beautiful views, singing songs, chatting with friends, feeling the cold air of rain. These all things made our journey quite joyful. By doing these, after the 15 hours of long journey, we reached Pokhara at the mid night almost after covering 302 km of long route from Lahan, Siraha.

There, we stayed in a hotel named Pokhara Grande for 3 days. It was booked by NELTA. There were the students from four different Access Centres. They were from Bajhang, Dolakha, Siraha and Tanahun. Each Centre had 40 students, 4 Access teachers and a Focal Person from their respective centres.

On the first day, we were taken to observe Phewa Lake and Tal Barahi temple. Before

we move Teachers gave us some instructions and a set of questions to write their answers through observation and study. I found that the answers were there on the hoarding boards which were kept nearby the lake and Tal Barahi Temple. After visiting Phewa Lake and Tal Barahi Temple, we returned to the hotel. Then we had our breakfast. We were treated there with proper hospitality and delicious food items. We were served with fresh and delicious organic foods. After having breakfast, we got short time to take rest. After that, we went to participate in different learning activities, in those different activities, we learnt many things. We learnt about time management, personality development and many more. There, we got opportunities to meet motivators like Bishal Gurung and Prakash Chandra Giri. He taught us about personality development. RELO Officer Nabila Massoumi also shared her life story with us. Her story was very sad but inspiring as well. We also learnt about ICT. After the completion of all input sessions, students from different Access Centers performed their cultural dance, recited their poems and performed their activities, like magic and many more.

The next day, we had gone to visit Devi's Fall, Gupteshwor Mahadev Cave and the International Mountain Museum. On that day, teachers assigned us to write about the trip we were going to visit. After visiting, we returned to the hotel. On that day, students from different Access Centers had performed their drama. We learnt many things from the drama. We also learnt about election system. We took part in the voting system in the election to choose the captain and a vice captain. We saw the Bus library. We read books from the bus library. We were awarded with first runner up for drama performance. We had done many other activities like composing poem, slogan writing and others too.

I liked Devi's Fall and Gupteshwor Cave most. They were so amazing. The whole trip was unbelievable. We enjoyed the journey from Lahan to Pokhara. We spent three days in Pokhara. It was an exciting experience to see such a picturesque place. Pokhara is a very attractive place. Organizer of our camp managed time very well. I liked time management most there. I have no words to express how unbelievable and wonderful the program was. We also got the certificate of participation in the Access Intensive Youth Leadership Camp-2022. We were treated there with proper hospitality. We met with many new friends there. We made new friends. By this camp, we are now familiar with different cultures. Because there were students from different cultural backgrounds. We learnt many things there. In society there are many problems like, drug addiction, child marriage, child labour, cybercrime. We learnt how to control such types of problems through drama.

Thus, Access camp was very effective and meaningful. I think I am one of the luckiest students who got this golden opportunity to learn many more creative and academic things. Finally on May 9, we returned our homes with sweet memories.

Access Siraha



Journey of Access Class

We, all the humans are most abundant and widespread species of primate, characterized and large complex brains. The purpose of life is to live and let live. We all have the best experiences or thoughts in human life. Similarly, I have also had the best experience in my life by joining the Access class. We got golden opportunities or a big platform to study there. First of all, I would like to express sincere thanks to the Access Program and whole entire team of the Access of Nepal for providing us such a beautiful opportunity to create an English language environment around us and provide us different types of facilities and best experience too.

NELTA is represented by Nepal English Language Teacher Association. It was founded in 1992. From beginning to till now in the Access, we have many opportunities and can be involved in such activities where I could grow-up my confidence level and enhance my listening, speaking, reading and writing skills, and public participation skills. We are the Access students of the year 2021 to 2022. At first, we met each other in online class because it was the time of Covid-19. During that time also, we continued our class in the zoom app. After many months we got the chance to meet face to face with each other. At first, we hesitated to talk with each other. After many classes we became friendly with each other. We have given the exam of first, second and third semester. We have given first term exam at online class. After the exam of second semester, we got the chance to go



camp for 4 days at Pokhara, K was held from May 6-9, 2022.That was the best and memorial days and moments with our friends from 4 different districts. That was the wonderful and amazing experience among all the opportunities. We performed our dance, drama and others talent too. This camp was really amazing and memorable for us.

I feel very glad and proud to be the students of Access. Again, I would like to thank NELTA, all officials of the Access Program and all the Access teachers especially, for Dhanju Ma'am and Prakash sir for teaching us such a good English language and for guiding us properly. It really helps us in different fields of getting a profession. We also learnt how to exchange the culture of America and Nepal and also even exchange social norms, values and beliefs with one another.

Lastly, I would like to thank for whole entire Access team with my inner core of heart. Hope our target is successful in gaining more knowledge about it and can be involved in such activities again and again.



Alisha Sedhai
Tanahun Access

Access Experience

I am very proud of being an Access Student and hope that all the other friends from different districts i.e. Dolakha, Tanahun, Siraha and Bajhang are also proud of getting a chance to join this very program. I think myself a very blissful person for getting a chance to learn so many things from the Access friends as well as the teachers in the Access class.

It's really a golden chance for us to open the door of our bright future. This program helps us in many ways. We are able to know many things about Information, Communication and Technology (ICT) because of the facilities of computer and Wi-Fi. We learnt to think critically here in the Access class. Because of the Access, we knew the importance of pair work. We realized that unity is strength. We did a lot of group works here in the Access including social works, celebration of various festivities, creation of arts and crafts and many more. Access is also a place/class where hesitation can easily be removed within a short period of time. It also helps in creating leadership quality in us. As compared to the initial days, we have now almost improved our four skills i.e. listening, speaking, reading and writing.



Kamal Rawal
Bajhang Access

Nature

Everything is nature,
God gave us this feature,
Birds fly in the sky,
And mountains are so high.

Trees are green,
And water is clean,
We are not kind to it,
We are only harming to it.

But it never betrays,
It always gives us right ways,
Please leave it as it is,
Don't try to play with it.



Rambhakta Ranabhat
Tanahun Access

Nature

Nature is full of joy,
Please don't think it's a toy.

Don't play with it,
Please, please save it.

They give us food and shade,
But why we can't give a little space.

Please stop nature pollution,
Some care and compassion.
Then our nature will provide,
Full of joy and happiness.



Sandip Bamma
Bajhang Access

Nature



God is a creature of nature,
It is our responsibility to save the nature,
Nature gives us a beautiful life,

Without nature we cannot survive.

Teachers teach us about nature,
We all depend on trees and water,
Water, water, water it is part of nature,
Save water because it makes our future.

Try to listen the sound of birds
Never try to hurt the birds
Try to take smell of flowers
And don't try to pick up flowers.



Niraj Yadav
Siraha Access

The Nature



Sky, mountains and water
All are the parts of the nature
It helps us in every matter.
It will make our life better.

Sky, mountains and water
All are the parts of the nature.
To save it, is our duty
To make nature beauty.

We all should know the importance of nature
To preserve the nature's creatures
A good environment makes nature beautiful
The beauty of nature makes our life joyful

Nature is a beautiful creation of God
So, we believe that the nature is Lord
We should love the nature
Because it's our future



Manoj Mahato
Siraha Access

Father

Father! You're the best person,
You're a guide and a companion.

You are the bucket of flowers,
Who decorates my every hours?

You are my power and happiness,
Who teaches me to be kindness?

You are my whole world,
Who gives me courage to fight
for future?



Alina Nepali
Bajhang Access

Mother

My mother is the best,
She never takes rest

She works hard day and night,
To make my future very bright.

She teaches new things everyday,
And there is always time to play

She gives me a birth,
Without her love I am death alive
I am thankful to God.
Because of giving
me the whole world.



Smriti Khadka
Bajhang Access

Father

My courage, my confidence, my strength
Cause of you I can happily breathe
You are the reason behind the happiness I get
You have done many works to make me happy with sweat

You have loved and helped in every situation
For me, you are the God's best creation
I will be successful one day on your direction
There is nothing like child and father's relation

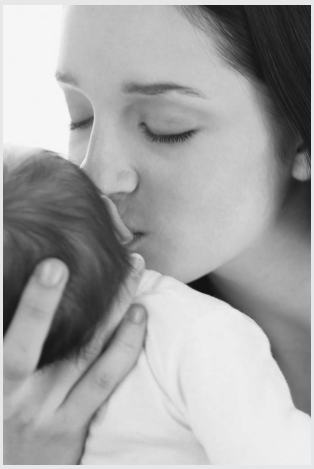
You make me laugh when I am sad
I promise one day I will make you glad
You hold me whenever I behave like mad
Cause of your nature, in the world you are the best dad

There is a person who never makes me feel zero
In my life, he is my hero
He has done lots of things for me,
That's why he is my superhero.



Dipika Shrestha
Dolakha Access

Mother



When sometimes I behave rude to you,
My mother, I tend to cry in front of you.
When I sit on your lap and ask for forgiveness,
All the sorrows of life go away and bring brightness.

A mother wants to keep her child happy.
A lot of excuses are made to keep a child happy.
You are the mother, even until I die,
I promise my mother; never do I lie.

Hunger will disappear when you feed food
I love you mom, you are so pretty good
I am so happy since you brought me here,
Being able to say I am your daughter.



Kopila Karki
Dolakha Access

Mom and Dad



I want to cross the limitation bars.
In the future I want to land on Mars.

I am from a middle class family.
I want to do hard work like a bee

I want to fly.
To kiss the sky.

In the future I will be in front of a crowd with bodyguards and gun.
At that time my mom and dad can proudly say that's my son.

When I cry, they used to give me toys.
They always used to say don't go on a bad way.

I love my mom and dad very much.
They never disappointed me, that's the cause.

To be successful it may be late.
To make my mom and dad happy I will try my best.

The hard work that they have done for me, I am not going to waste.
East or west, my mom and dad are best.



Kushal Ranabhat
Tanahun Access

My Teacher



Teacher, Teacher, Teacher
Honest, Talented, Teacher
You love me, you teach me
Show me what to do.

Teacher, Teacher, Teacher
Caring, Loving Teacher
When people say my adversity
You give me the opportunity

When people say my weakness
You give me strength
When people say my disability
You give me ability.

Teacher, Teacher, Teacher
You can improve my features
You can make my life paradise
We can't forget your sacrifice

Teachers you are the mystery, no one can solve
You can change the world, change the world
You are the real Hero in my life
You are the love of my life.



Prince Chandra Pal
Siraha Access

Mother

The most beautiful word to ears
She sacrifices happily and hide her tears

The love you give me is so honest and pure
With you by my side I am always secure

You are the one who loves me a lot
And always want to see me in the top

The most beautiful word to ears
She sacrifices happily and hide her tears



Laxmi Raut
Siraha Access

My Teacher

My teacher is the best
She never takes rest,

She works hard day and night,
To make my future very bright,
She teaches new thing everyday,
And there is always time to play
she teaches us to be disciplined
her every words makes me compassionate,
she is like my second mother!
whom i can express my every fear.



Swostika Joshi
Bajhang Access

Teachers

Teachers are always kind in life,
But you are extra special kind to me,

You always help in whatever I say
You always guide me to reach my way,

When I am stuck you make an extra effort
So that I find a way in a day,

The way you struggle to ignite a light,
The things you do to make us bright,

A teacher like you is a blessing in life,
So thank you for all your strive
You are truly wonderful!



Swastika Yadav
Siraha Access

Why God Made Teacher?

When god created teachers,
He gave special friends
To help is understand his world
And truly comprehend

The beauty and the wonder
Of everything we see,
And become a better person
With each discovery

When god created teachers,
He gave us special guides
To show us ways in which to grow
So we can all decide

How to live and how to do
What's right instead of wrong,
To lead us so that we can lead
And learn how to be strong.

Why God created teachers,
In his wisdom and His grace,
Was to help us learn to
make our world
A better, wiser place.



Sandhya Adhikari
Tanahun Access

Access Class



Days have now become bright as sun,
Access class is full of joy and fun.

Access teachers are like light of life,
They work so hard to make our future bright.

No discrimination in castes and no discrimination in races,
Access classroom is full of wisdom and happy faces.

Teachers and students' relation has grown so dense,
Access class is always filled with abundance.



Yubraj Tamang
Dolkha Access

Stop Discrimination



Discrimination at you think and do
You will see how others live their lives
When you like them, then they will like you.

If one learns to understand
And respect all point of view,
Then peace on earth must surely come
It is up to you, and you, and you…….

Why do you think that you are better,
If your culture is not the same?
Yes, maybe you seem different
But deep inside all are the same.

Why do they think they are better,
If one is black and one is white
If one is man and one is woman
They are same, that is their right

If one is straight and one is gay
They are not different, just the same
If one belongs to upper cast and one belongs to lower cast
All come from god, we are the same.



Sanjita Nepali,
Tanahun Access

My Journey to Access

Preserving myself from many odds
Trying my finest to headway a lot
Arising my journey from a small jot
To catch the sky very high upward

When I suffered many ups and downs with a hesitate heart
I tried to catch up my way with a motivate words
Hoping to see a bright future I will gain it one day
Through the phases of my life passing it like a play

I started struggling from same day, thinking I'll get opportunity ahead
After I saw my days were glowing, and the opportunity I got was mind blowing
And the opportunity was, I get chance to study Access class
Which was, the best place from where I get my progress very fast



Ajit Poudel
Tanahun Access

We All Are Equal



We all are equal
We all bleed the same color blood
No matter what color skin you are
We all bleed and breathe the same

Equality is the basic theme of mankind
Who is white who black it doesn't mind
We the people of one God!
Why there us differences
Beat the inequality and place the justice preferences

Nowadays we don't judge a book by it's cover
So why to judge a person by their skin color
Every skin color is unique
We all feelings which get hurt and re-speak

Our eyes are two but the vision in one
Our hands are two but work is one
Roses are red violets are blue
Both are flowers isn't that true

We all are one under the sun
Different colors though
Together we form a bright rainbow

Black or white we all are humans that's right
Grey or Brown, we all are humans that's right
One in all and all in one
In the end we all have won



Swastika Yadav
Siraha Access

Call Me Woman



I am a woman and I am above all.
I am the fearless daughter of someone who faces obstacles and obstacles
I cry, shout and turn the pages of miracles
I laugh, dance, and keep quiet in solitude without fear
I accept struggle and sacrifice and reject deceit and hatred
I am a woman, I am above all

I am terrified when I see those bodies shaking.
I turn around and draw the future again by copy sheet flipping
I am scared when I see those bodies burning
those faces blooming.
I endure pain and suffering with hope and trust
I am a woman, I am above all

I play when I concentrate my mind doubtless.
I take care of myself and make myself fearless.
when I throw my young child to the ground.
happy, and the heart is proud
I am a mother, I am above all



Bipana Nepali
Dolakha Access

For Rosa Parks



Rosa Louise McCauley Parks (February 4, 1913 – October 24, 2005) was an American activist in the civil rights movement best known for her pivotal role in the Montgomery bus boycott.

Twinkle twinkle little star
Rosa Parks is the best star
Ice is cold, fire is hot
Rosa Parks is always remembered in my heart.

Medal are won by Rosa Parks
She is like a brave shark
Rosa Parks is one I am inspired by,
She taught us that we don't have to be shy.

Rosa Parks fight for our right,
If boycott is a darkness, then she is a light.
Rosa Parks knows how to survive in bad times,
She hates the people who did crimes.

And at last rose is red, sky is blue
Oooo, Rosa Parks I love you!



Khusi Thami
Dolakha Access

Access and Its Importance

Access is closed to our life,
English is heard everywhere,
We always say thanks god,
And everything is clear.

Students are learning, teachers are teaching,
Friends are studying, smiling, and improving,
I am happy to become the family of Access,
Which makes me able to communicate and speak

My English is day by day improved
I can run computer well, present and explain thoughts,
We have been studying English since two years together,
I felt luckier because of access to family members.

We stay together and help each other,
Students of our age know how to build future,
Special thanks to Access, NELTA, RELO and all the Access Teachers.
I am feeling proud of staying together as compassionate member

Great thanks go to the nice people who helped me a lot
Continue teaching, helping and do the great efforts
We always say we can do everything if we have a passion
As a member of the Access, you do work for the good action

Proud to be a part in this big and beautiful family,
Access is my life I promise that I will be always friendly,
Access friends are helpful active and creative
So, I suggest you to be always supportive.



Debendra Agri
Bajhang Access

Journey to Access

Getting a new identity as student of Access,
I was contented to move on to path of success.
Meeting up with NELTA executive bodies and teacher,
I was sure Access will help us brighten our future.

NELTA was the golden platform we were utilizing,
Learning and exploring new things was really exciting.
Commencing the class with amicable friend,
We even didn't notice how the time spend.

All of our expectation was eventually over,
That was the camp which brought us closer.
Singing, dancing, enjoying and fun apart,
We participated in every activity from core of our heart.

We began our every day with the very new theme,
Viewing and exploring nature with our team.
We performed drama and took many sessions,
Involved in Word Scramble, Book Bus and Access Model Election.

Access is helping us boost up our confidence,
We are learning English Language significance.
Enhancing our skills like leadership and creativity,
Access is helping us increase our productivity.

Accumulating together and conducting community service,
Every work was completed without any nuisance.
All this activity helped in personal and professional development,
Everyone genuinely completed all their assignment.

We all are altered in a very positive way,
Proud to be Access student is what everyone say.
Thankyou Access for plethora opportunities,
Thank you for rejuvenating us through many activities.



Bharosa Baniya
Tanahun Access

My Access Memory

I love Access
This is a way of success

There are many interesting activities
All members are so creative

Reading, writing and slide making
Class is beautiful because we love decorating

We are learning English nicely
Ideas of teaching are so lively

Teachers and friends are so cute
Ask to your teacher if you're ever confused

Life gets faster everyday
No time to waste, no time to play

I love my Access every time I say
Caring and sharing is what I learn in everyway.



Ganga Gautam
Dolakha Access

Success

Success, success, success
We are the students of Access

When we come to center of Access,
We see our future success.

We all are the same students of Access,
So that our group name is Success.

We all never give up,
Then we shall go up.

If we work hard,
We will get success

So that we are the students of the Access
We are proud to be the students of the Access.

Prince, Pratiksha, Chandan, Supriti, Gauri, Nikita, Aachal
Siraha Access

Access

Taking the class of Access!
Willing the way of success!

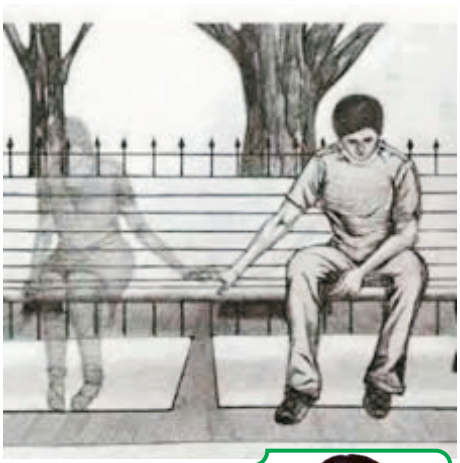
Knowing the culture of different Nation
Taking the short time period of session

Making new friends and enjoying meditation
Learning English language and culture is our dedication!



Lalit Neupane
Tanahun Access

One Sided Love



I thought I thought I would have interest on boys
Until I saw you
I would never fall in love
Until I found you.

I want to make you my first and last
When I thought about you my heart beats fast.
Hundreds of people but my heart melts for few
And one of them were you.

By seeing this miracle, I have suspicion
That 'Are you Magician'?
I have my own world having fun with you
Although, I know it's never gonna be true

I know it's silly imagining to be with you
But it's alright to be crazy for you
A total stranger you now have become one of my life's important part
I wish you to be happy with all my heart.
Though, you are with other but for me it's always gonna be you

No matter where you are or who you are with
I will always honestly, truly, completely love you.



Bikalpa Thapa
Tanahun Access

Nepalese Cultures

My country Nepal
Is a beautiful place
It is like a heaven
With lots of religion, cultures and race.

Our cultures are unique and some are normal
For the foreigners, it seems to be abnormal
We will continue our traditions and cultures
For the rest of our life with our good nurture.

Doing NAMASKAR and wearing Daura Suruwal
culture in food including Dhindo, Gundruk and Daal
Different castes and religions have different tradition
Nepalese people do have courageous intentions.

These cultures reveal our identity
So, follow your cultures in your villages or in your city
Do your best to preserve it
Be proud of your cultures and try not to forget it.



Bishal Sunar
Tanahun Access

My Mother's Love

My mother name is Samjana
She gave me one sweet name that is Ranjana

Mother love is uncountable
It is very suitable.

Fashion is Fashion
But my mother love isn't comparison

My mother is my family god
Who create us?

My mother smile is my strength
She is my big breath.

My mother is unexpected
Who deserves me in the world?

My mother is so precious
She is very gracious.

I don't need other's love
But I need mother's love.

I have kissed and hugged you
so many times
That's why I have written for
you these short rhymes.



Ranjana B.K.
Tanahun Access

My journey

The trip that I have gone
It was really interesting and fun
There were teachers and friends
We have to respect our grands

We enjoyed a lot there
Without feeling any fear
We enjoyed in a hotel and bus
I was there to dance first

There was very beautiful scenery
It always remains in my heart and memory
We saw many hills and mountains
The hills and mountains were covered with fountains

We learned about history
Which is still mystery
We ate delicious and tasty food
The pleasant environment is very good

We ate tasty food and cake
This poem is not a fake
We saw beautiful scenery
It always remains in my heart and memory



Yukesh Chhimal
Tanahun Access

Still I will Rise

You may write me down in history
With your bitter lies,
You may treat me in the dirt way
But still, like dust, I'll rise.

You want to see me in tears
Bowed head and lowered eyes?
Shoulders falling like teardrops
Weekend by my soulful cries?

You may shoot me with your bitter words,
You may hurt me with your eyes
You may kill me with your hatefulness,
But still, like air, I'll rise

Does my success upset you?
With the certainly of tides
Just like hopes springing high
Still I'll rise, Still I'll rise, Still I'll rise



Aastha Bhujel
Tanahun Access

Success

Success is the goal of everyone's life. No one can achieve success in life without hard work. Everyone in this world has some dreams or goals, to achieve which s/he works sincerely. It is a good thing to dream about goals in life and achieving that goal is our success.

We should work hard and manage our time properly to make our life's dream true. Success comes only to those who sincerely work hard. People should use their time properly and work according to their dreams. Failure is also a part of success. we don't need to be disappointed by our failure, rather we need to learn from our failure. We should explore where we have made mistakes. We need to identify them and correct them.

A successful person is one who uses his time properly to achieve his goal. Achieving success requires a lot of hard work, dedication, motivation etc. Success comes only to those who pursue their goal with their determination. It can never be taken advantage of by those people who only dream of being successful in their goal and do nothing to achieve it.



Prince Chandra Pal
Siraha Access

Discipline

Discipline is an invaluable heritage of any human being. It is the training of the mind and character to produce self-control and habit of obedience. Discipline is not only found in human beings but it can be observed in many animals. Discipline is needed in all stages and factors of life. It is needed in our society, home, school, playground and everywhere in the world.

The absence of discipline brings disorder and chaos. Discipline is the most important necessity of a happy and peaceful life. It gives us lots of great opportunities, the right way to go ahead, to learn new things in life, to experience more within less time, etc. and grow. Whereas lack of discipline causes lots of confusion. Indiscipline gives no peace and progress in life instead creates lots of problems.

We need to follow rules, obey orders and behave well in an orderly manner. A person without discipline is like a tree having no roots. A disciplined lifestyle always leads to success, be it academic, health, business or profession. Discipline makes our life a proper routine and helps to follow a predefined code of conduct. It helps to generate self-confidence. Hence, it is one of the key factors of life.



Sneha Shrestha
Tanahun Access

Time



Time has an important role in human life. The person who understands the importance of time uses it properly and continues on the path of progress. But on the other hand, those people who ignore the importance of time or misuse the time, they only fall in life.

There is a common and true saying that 'Time and tide wait for none' which means time never waits for anyone, one should have to go with time side by side. Time comes and goes as usual but never stays. Time is free of cost for all but one can never sell it or buy. It is unbounded means one can limit the time to any boundary. It is the time which makes everyone dance around nothing. This world can defeat it or win from it. Time is called the strongest thing in this world which can damage and improve any one.

Time is invaluable for all of us. Time is more valuable than money because if money is spent it can be regained but if we lose time once, we cannot get it back. So, we should never waste time. We must use our time correctly in a positive way and time plays the most important role in life. It is the most wonderful and practical thing. It has no beginning and no end.



Anjali Thami
Dolakha Access

Conservation of Natural Resources

We know that natural resources are important for our life. Natural resources mean the things that naturally occur on earth like air, water, fossil fuels, petroleum, sunlight, coal, natural gas, oil etc. But nowadays they are being exploited by human beings for economic growth. We are using natural things more than necessity. That's not good at all. We must not forget that we are dependent on nature. We all know that nature gives us life. It means to say that natural resources fulfil our needs as well. So, it must be preserved and should be used according to the need and circumstances. If we don't use natural resources wisely then it may create imbalances in the environment. Human lives may go into endangered conditions. Natural resources may not remain the same. Therefore, we must realise that natural resources are as important as our heartbeats and we must be aware regarding this.



Lilanand Sah
Siraha Access

A Report on the Visit to Old Age Home

This report talks about the community service that we did recently. We, students and the teachers of the Tanahun Access Center visited the Old Age Home near our center on May 22, 2022. We gathered around 7 o'clock and we're arranged in line. We went to Parashar Bridhaashram. When we reached there, we gathered in the main hall and interacted with old age people. We also provided them with some essential stuff such as fruits, rice, tea and oil etc. We also enjoyed our lunch with them and clicked some photos for the memories. We also learned many new things about the ways to treat the older generation. The pureness they had was beyond my expectations. Old age is a sensitive phase; elderly People need care and comfort to lead healthy life without worries and anxiety. We should listen to them, be polite, give them a call and understand their values etc.



Sneha Shrestha
Tanahun Access

Value of Time



As we know time is an abstract thing. It is not very easy to define time. But we can say that time is one of the most important things in human life that can be measured in seconds, minutes and hours. It is the speediest thing. No human invention can keep pace with it. It leaves all the things behind. Generally, people say that time is money but in my opinion, it is not true. In reality, time is more important than money. Money lost once can be regained or re-earned, but time once gone is gone forever. No power can bring it back. Therefore, we must respect time as one of the most valuable elements of our life.



Sneha Yadav
Siraha Access

Social Media Affecting Today's Youths

Social media is a platform where we can post, search, chat, and get connected with other people. It is a method to communicate with others. Today social media has become a fashion to use for enjoyment. It is continuously affecting today's youth. Rather, I am not saying that social media is bad but most of today's youth were affected by social media. Social media like Google, Facebook, TikTok, Instagram, Twitter, YouTube etc. One of the mind blowing facts about it is that there are nearly 3.5 billion active social media users and every 6.4 seconds a new account has been created.

Some of the positive effects of it are:

- Social media makes friends easily.
- It helps to build relationships.
- It makes the world seem smaller.



Some of the negative impacts of it are:

- Feeling of missing out
- Unhealthy sleep patterns
- Depression and anxiety
- General Addiction

So, today's youths must be aware about social media. They must use social media wisely. There are so many fake accounts and ids which may create problems for us. Social media also distracts the student from their study so they must be away from it.



Shanti Kumari
Tanahun Access

How the Demon King Ravana Got Ten Heads?

To please Lord Brahma, Ravana underwent severe penance (tapasya) that lasted for several years. One day to appease Lord Brahma, he decided to chop off his head. When he chopped off his head, it grew back again. He kept chopping off his head till his austerity pleased Lord Brahma. Impressed by Ravana's dedication, Lord Brahma blessed him with ten heads and Ravana became one of the greatest and the most powerful king. The ten heads of Ravana are symbolic of the six Shastras and four Vedas that he mastered.



Lalit Neupane
Tanahun Acces

Women Empowerment

Women are not recognized by shades of pink or purple, neither by bright lipstick nor by the high heels. They are known for their hard work, dedication and courage.

Then, who is a woman? Are the incompetent group called women? Are women the backwarded and lower levelled group of people? No nothing at all. Women are the most sensitive, caring and maternal people in the world. They are the one who can perform as a wife, partner, organizer, director, re-creator, disburser, economist, mother, guide, role model, teacher, health officer, and many more even at the same time. The Goddess of wealth is Laxmi, the Goddess of power and strength is Durga, the Goddess of wisdom is Saraswati. They all are women. So, women are also another form of God. They are the epitome of wealth and power. But this is our society that describes them in a very disrespectful way. Even in this 21st century they are discriminating other group of humans with same red blood and equal capability. Sathi Pratha in the ancient time to the girl child abortion in present scenario clearly highlights gender discrimination. What could be more disgraceful to human society than this?

This is the shameful issue which is not only lifting women backward but also is hindering the development of the nation. So, we must think of solving this issue. For this we must make provision of women empowerment.



Women Empowerment is a feeling, a sense and a knowing that all women from all walks of life are incredibly limitless. It is a magic that happens when a woman realises that she does not only sit and work in the room but also there is a seat for her with her name on the table, regardless of who she is and where she comes from. Women empowerment means not only lifting up women next to you but also the one across the world. We do not only celebrate connection with women in our families and circle of friends, but we also celebrate those whose lives we truly don't know. We celebrate our individual uniqueness and commonalities that binds us together. To me this is women empowerment as we realize our strength, resiliency and brilliance and allow these gifts to shine as we share them with ourselves and the world.

Now, How can we empower women? The actual women empowerment will come by making women economically independent. Quality education is the key to women's empowerment. Involving

women as a decision maker for economic and financial decisions of family, Access of opportunities to them in a variety of fields without any limitations and restrictions also contribute to women's empowerment. We can also empower each other by shining the light and guiding women back home to their true limitless selves within. Every time we shine a spotlight on a brilliant woman I am sure many more women feel inspired. We can also empower each other by shouting proudly about each other's achievements and success by standing up proudly. We must stop judging one another for our actions, our choices, our dress-up and many more things. Instead we should recognize that we all are unique and are uniquely qualified to bring value to the world. Within each of us lies the qualities that we need in order to succeed and thrive; it's just a matter of awakening and expressing them.

Girls who occupy half the sky are equally capable of man. So, If you can change then change the way of treating a girl change your mentality not the comparison.



Bharosa Baniya
Tanahun Access

Our Winning Moment at Access Camp

My heart palpitated the very moment when the Master of the Ceremony, Sudip Neupane sir was about to announce the winner of the drama competition. I guess everyone's heart was racing like mine.

It all began on the day before our school's final term examination when we were informed about the drama competition to be held at Access camp on May 8, 2022. We all were excited and a little scared too because it was a completely new experience for us and especially, I had never ever participated in such a drama competition before. The same day we, the Access students of Dolakha Group A gathered in our Access class and we decided the theme, characters and roles. We wrote the script to gather under the facilitation of our Access teachers, Ms. Ashmika Pradhan and Mr. Shambhu Prasad Bakhrel. We then started practising our drama themed 'Girl Trafficking' from the very next day. It was so fun to read the dialogue and act out our role given to us. Some days we even stayed extra time for practice.

At first, I was given the role of antagonist. I was determined to do my role well even though it was very short. But unfortunately, one of my friends, Rabi Kumar Das who played the protagonist, had a family issue and couldn't join us at the Access camp. At the last moment our teacher decided to amend the script and role of protagonist was offered to me. I was afraid that I would mess up the role given to me by my teacher but the regular practice till the moment of our performance, motivation and hard work paid off. I will never forget the night before our drama competition as we were practising till midnight.

Finally, we performed our drama on May 8 in front of the distinguished personalities which turned out amazing. We won the drama competition and we also got rewarded for best actor and best narrator. The winning moment at Access camp will always leave a lasting impression on us.



Rahul Thami
Dolakha Access

Pasang Lhamu Sherpa: Biography

The first Nepali women mountaineer to scale the highest peak, Mt. Everest (8848.86 m.) in April, 1993, was Pasang Lhamu Sherpa. Born on December 10, 1961 in Solukhumbu district in Sukre village, Sherpa was an example of courageous and determinant Nepali women.

She attempted to scale Mount Everest three times before she finally succeeded on her fourth attempt. She had also successfully climbed Mount Pisang (6091m.) in Nepal in 1981.ln 1990 she became the first woman mountaineer to climb the famous Mt. Blank (4848 m.) in France. In the same year, she made her first attempt to climb Mount Everest (8848 m) but managed to reach (800m) only. In 1991 she scaled the Yala peak (5800 m.) and attempted to scale Mount Everest for the second time any third time but reached only 8750 and 8500m, respectively. Then in 1993, she made her successful attempt to scale the mountain with four others. However, during the descent she lost her life due to bad weather.



She had received many honours and recognitions from the government for achieving what no other Nepali women had achieved. She was the first Nepali woman to be declared as the Nepal star or 'Rashtriya Bibhuti' by late king Birendra. The national youth foundation bestowed her with the 1993-94 youth Excellence Award. The government had renamed the Jasamba Himal (7315m) in Mahalangur range as a Pasang Lhamu peak the 177km Trisuli-dunche

The road was renamed as Pasang Lhamu Highway. postage stamps were issued with her photograph, in her honour also the Pasang Lhamu memorial hall was constructed in Jhapa district.similarly, her life-size statue is erect at Buddha, Chuchepati in Kathmandu in order to celebrate her feat and the ministry of agriculture also named a special strain of wheat as Pasang Lhamu wheat.

Her plans to use her success to help ease the pain and hardship of her people is still alive and working in the form of Pasang Lhamu Mountaineering foundation that was established in 1993 as a non-profit, social, National organization with a goal to educate and train Nepali women in order to protect their rights and interest and provide them health facilities, legal facilities and social securities.



Sanjita Nepali
Tanahun Access

Riddles

1. What can you hear but not see or touch even though you control it? ***- your voice***
2. How many bananas can you eat if your stomach is empty?
   - just one after that it is not empty.
3. What can you break even if you never pick it up or touch it? ***- promise***
4. What goes up but never comes down? ***- your age***
5. What three numbers, none of which is zero give the same result whether they are added or multiplied? ***- 1,2,3***
6. If you have 3 mobiles and you take away two, how many mobiles do you have? ***- 2***
7. What letter word can be written forward, backward, or upside down, and can still be read from left to right? ***- NOON***
8. What word is spelled wrong in the dictionary? ***- wrong***
9. If you drop me I am sure to crack, but give me a smile and I will always smile back, what am I? ***- A mirror***
10. The more you take, the more you can leave behind, what are they? ***- Footsteps***



Collected by: **Ranjit Budhathoki, Dolakha Access**

Quiz Questions and Answers

1. How many taste buds does a human have?
   - *Ten Thousand*
2. Which is the smallest bone of human body?
   - *Stapes*
3. What is the full form of DPT?
   - *Diphtheria Pertussis Tetanus*
4. Which blood cells lack nucleus and what is its lifespan?
   - *Red Blood Cells (RBC) and 120 days respectively*



Collected by: **Kamal Rawal, Bajhang Access**

Collection of G.K. Questions

1. Australia is a homeland of which animal? ***- Kangaroo***
2. How many bones are there in the adult human body? ***- 206***
3. How many players are on a cricket team during the match? ***- 11***
4. How many players are on the volleyball team? ***- 6***
5. How many rings does the Olympic logo have? ***- 5***
6. In basketball, how many players does each team have? ***- 5***
7. Komodo Dragon belongs to which animal family? ***- Lizard***
8. Name the largest land animal in the world? ***- African Elephant***
9. Name the largest mammal in the world? ***- Blue whale***
10. Name the largest part of the human brain? ***- Cerebrum***
11. Name the lightest element?- Hydrogen
12. Name the tallest animal in the world? ***- Giraffe***
13. Name the world's fastest land animal? ***- Cheetah***
14. What is the national game of the USA? ***- Baseball***
15. What is the national game of England? *- Cricket*
16. What is the inner part of the bones known as? ***- Bone marrow***
17. What is the major food of the Giant panda? ***- Bamboo***
18. What is the national sport of Canada? ***- Ice hockey***
19. What is the symbol of Gold? - Au
20. What is the exact shape of the Milky Way Galaxy? ***- Spiral***
21. Where is Pisa Tower located?***- Italy***
22. Where is the Suez Canal located? ***- Egypt***
23. Which animal is known as the desert's animal? ***- Camel***
24. Which planet is closest to the sun? ***- Mercury***
25. Botany is the study of? ***- Plants***

Collected by:
Alisha Moktan
Dolakha Access



1. How many bones are there in the human head? ***- 29 bones***
2. Which animal can hear a voice from its leg? ***- Elephant***
3. Which animal has tongue in its leg? ***- Butterfly***
4. What is the name of the capital city of Bangladesh? *- Dhaka*
5. What is the name of the currency of Bangladesh? *- Taka*

6. How many bones does a human skull have? ***- 22 bones***
7. How many muscles are there in the human body? ***- 639 muscles***
8. What is the average blood pressure of human beings? ***- 120/80 mmHg***
9. Which district is known as the district of eight lakes? ***- Kaski***



Collected by:
Yukesh Chhimal
Tanahun Access

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1. 1024 kilobytes is equal to?
- 1 megabytes (MB)
2. Which is the longest river on the earth?
- Nile River
3. Which is the fastest animal on the earth? ***- Cheetah***
4. Who wrote Romeo and Juliet?
- William Shakespeare
5. Largest island in the world is?
- Green land
6. LBW is related to which sport?
- Cricket



Collected by:
Najiya Prabin

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1. Which country has the largest armed force? ***- China***
2. Which is the only country in the world to have a square flag? ***- Switzerland***
3. Which is the first country to win a football world cup (FIFA)?
- Uruguay in 1930
4. Who was the first person to land on the moon? ***- Neil Armstrong***
5. Who was the first European to attack India? ***- Alexander***
6. Which country has the most number of lakes? ***- Canada***
7. Where is the largest dam in the world located? ***- South America***
8. Which country gifted "The Statue of Liberty" to the USA in 1886?***- France***
9. Which country is known as "The Land of Midnight Sun?
- Norway



Collected by:
Anita Tamang
Dolakha Access

Difference between Nepalese and American family

- Nepalese families have mostly joint families whereas American families have nuclear families.

- Generally, Nepalese parents don't give permission to wear short or revealing clothes such as tops, skirts, etc. whereas American parents give permission to wear short or revealing clothes such as tops, skirts, etc.

- In Nepalese culture, women are not able to work independently (in many societies) because Nepalese people think it is wrong for women to work outside of their house such as in a company whereas in American culture women are able to work independently as their people don't think it's wrong.

- In Nepalese families, children stay with their parents for a lifetime, especially boys and as for girls they stay with them until they get married whereas in American families they expect their children to get out of their house after school graduation and live a happy independent life.

- In Nepalese culture women are forced to live under their husbands shoes they see woman as a slave in many areas of Nepal and they are dependent whereas in American culture women aren't forced to live under their husband's shoes because they are independent and they can work for themselves and live without their husbands.

- In Nepalese families or cultures, they can't marry many times or divorce many times but in American families or cultures, they can marry many times or divorce many times as per their own decisions.

- In Nepalese families, only rich people have pets like dogs, cats, and rabbits whereas in American families every single family has a dog, cat, rabbit as pets.

- In some of the Nepalese families, they tend to have as many children as their husbands wish because they believe that the children are God's gift whereas in American families they all have only 1 to 2 children as they can't take care of many children because of their jobs and responsibilities.



Balkumari Thapa
Tanahun Access

A Faithful King

Once upon a time there was a king who was very young and honest. The kind wanted to expand the territory of his country but was always defeated. Due to this, he was frustrated. One day, he went into a cave. There, he saw a spider. A spider was climbing on the wall but the spider fell down from the wall. The same thing occurred inside of that cave repeatedly. But the spider didn't lose its courage and finally, after lots of effort, the spider could climb the wall successfully.

The king kept watching all these activities, especially how a small spider could achieve its dream and he got influenced by that very spider and he also collected enough courage. He had gone to unite his soldiers and attacked the enemies. The king tried many times then at last he succeeded to conquer his enemies. So without pain, we can't achieve the gain. We should work hard.



Moral: Try and try to touch the sky.

Shivnandan Sah
Siraha Access

A Kind Saint

Once upon a time, there was a monk and a crab on the beach. The Crab wanted to go to the sea but the sea was very salty. The monk stared at the crab for some time. At that moment, the crab started trying to go to the sea. At that moment, the monk stopped the crab from going there. The angry crab bit the monk's hand badly. Again the monk resumed his work. But seeing that the crab was heading towards the sea again, the monk raised his hand to stop the crab. Again the crab bit his hand. This sequence continued for a long time.

Then a man had been watching the incident for a long time. Then, seeing the condition of the kind saint, the man approached the saint and said, "Don't you have wisdom? Leave it! Stop it! Let it go! It dies. Why do you care?" Then the sage smiled and said, "God has given different characteristics to every creature, I have a hand, while this crab has these pincers. In any case, it is my religion to save it. I'm trying to save it. It's a matter of time, it won't go there." The gentleman understood the deep meaning and smiled.



Dhiraj Kumar Das
Dolakha Access

The Story of a Squirrel

The Devil had abducted the princess and took her to his island. There was a massive ocean that the prince had to cross to get the princess back. The entireÊarmy of monkey and all the animals started helping the prince to make a bridge that would take them to the island. Prince was deeply moved by the dedication and passion of his entire army. He noticed that a tiny squirrel was also working tirelessly. The squirrel picked up tiny stones in her mouth and kept putting them near the boulders. The squirrel's enthusiasm was destroyed by a monkey when he made funÊof her saying that she should stay away from the boulder or she would get crushed. Seeing the monkey laugh, all the other animals also started making fun of the little squirrel. The squirrel was hurt and started crying. The upset squirrel went running to the prince and complained about the whole incident. Prince assembled everyone and showed them how the pebble thrown by the little squirrel was connecting two boulders. He also stated that no contribution is small or big; what matters is the intent and devotion. Appreciating the hard work and effort of the squirrel, the prince lovingly stroked the squirrel's back. The gentle stroke left three stripes on the squirrel's back. It is believed that before this incident, squirrels did not have stripes on their bodies.



Sangam Paudel
Tanahun Access



Bajhang Access at Jaya Prithivi Multiple Campus



Dolkha Access at Gaurishankar Community Library and Resource Center



Siraha Access at J.S. Murarka Multiple Campus



Library observation by Tanahun Access

A Fictional Letter to Martin Luther King Jr.

Charikot, Dolakha
June 13, 2022



Sir,

I sincerely hope you and your family members have been doing well. I know that it is just a fictional letter. My heart really cried when I heard about your assassination. I wrote this letter because I wanted to share some of my feelings with you related to this world.

You know what! this world would have nearly ended if the great personalities like you, Gautam Buddha were not born. You were always underrated because of being an African American resident. You really struggled for the faith of humanity. You never got back on your words. “Strength and growth come only through continuous effort and struggle." You always believed in these quotes.

You know one thing, there is a cruel truth behind this world. "In this world, it’s not how you live, it’s how you die." You were born and suffered from racism but still you died as a legend. Money does not matter, but what matters is your ability and personality. You had made lots of followers and disciples during your time. Only you could feel the struggles you suffered. Likewise, in Nepal, there was untouchability as well as discrimination. I never believed that a developed nation like America also had such bad activities like racism.

As the leader of the non-violent Civil Rights Movement of the 1950s and 1960s, you traversed the country in the quest for freedom. You even delivered a speech on “I Have a Dream” on August 28, 1963. In that speech you wanted your children to live in a place where there is no violence, only a peaceful area. Your speech led the world to walk the path of peace.

Finally, I wanted to tell you that your dream will be passed on to the next generations, and one day, not only me but the whole world will develop empathy and live in a peaceful environment. That is a promise from me.

Yours Sincerely
Rohan Karki

Letter

July 7, 2022

Dear friends,

I am fine here. I really hope this letter finds you in good health. I have been worried about you since I saw the news of the Bangladesh floods on the news channels. It is certainly a catastrophe for the people living there. It was devastating to watch the condition of the people who have lost their loved ones, home, and their belongings due to the flood.

However, I hope you and your family are safe. I would advise you to take all necessary precautions. Please let me know if you need any help. Take care friends.

Your Friend,
Chandan Kumar Panjiyar
Siraha Access

Letter to the Editor

Chainpur, Bajhang
June 25, 2022

To
The Editor General,
Bajhang Post
Bajhang Nepal

Dear Sir,

We humbly request you to post our news article in the newspaper about the burning issue of flood in India and Bangladesh.

As we saw news of millions of people have been stranded while emergency workers have struggled to reach those affected. At least 59 people are known to have died. Lightening and strikes and landslides triggered by severe monsoon storms Assam state is more affected by floods with about 1.8 million of people. Many people are suffering from fever, hunger and so on.

So, sir, we request the government to step up efforts to reduce and regulate emissions from human activities and increase programs to help people adapt to climate impact, improve residence and implement robust disaster management. So, we humbly request you to post the news and be aware of all to stay safe through your reputed post.

Yours sincerely,

Friends
Bajhang Access Center

Letter

Siraha Access, Nepal
July 3 2022

Dear friends of Bangladesh and India,
Warm greeting!

I am fine here, I hope you are also fine there. I knew from the news that you are in lots of trouble because of the floods.

This is a natural disaster. No one can do anything about it. We have to survive in such a difficult time. So don't despair. The problem will be solved soon. In just a few days but now you have to survive this tragedy. Imagining your condition makes me extremely sad but believe me, soon you will get out of this situation. I pray to God to turn your sorrows into happiness, into courage, and a good situation.

Trust in God!

Sincerely yours
Mukesh Chaudhary
Siraha Access

Letter

Siraha Access Nepal

July 2, 2022

Dear Access friends of Bangladesh and India

Warm Greetings!

By the grace of God, I am fine here and hope you are fine there. Recently, I got news about the situation of Bangladesh and India. I got so worried about all of you after listening about the flood. But it is a natural disaster. What can we do? I am praying to God for your betterment.

Though we are deeply saddened to hear that people became homeless due to the heavy flood. But don't be afraid of the situation. It will vanish soon. So, stay safe, calm, and careful.

May God help you in such a bad situation! Stay strong!

Chandani Singh
Siraha Access

Happy Father's Day to My Dad

Charikot, Dolakha
July 13, 2022

Good Morning Dad,
And happy Father's day!

I hope you are doing well on your work. As today is father's day, I want to share some of my feelings with you that I can't show you with this letter.

As a child is born, the only two with whom the child will spend his life with Mom and Dad. The god for the child is mother and the superhero for the child is Dad. No one can take the place of dad. Not even God.

When a child is born, he or she cries. In my opinion, this is because he feels like he was alone but later on, he stops crying because he knows that he has his own god and superhero that will always protect him. You know what dad, I never told you but you are my best superhero. I know that sometimes you scold and sometimes even punish me but after that, you even cry for biting me hard and asking for sorry too. Mom gave me birth but you gave me my new life.

You always worked hard and struggled for the sake of your child. You never showed your pain as well as struggles. You worked day and night harder and harder. Your child understands your feelings because I realized that one day I will also become a dad and I have to struggle hard like you do.

The most precious thing for a dad is his child. No matter what it costs, a dad always protects his child. The first friend after a child is born is Dad, and later on, he becomes his best friend.

At last, I only want to tell you, Dad, I will always Love you.

I love you, my super hero. You are the best!

Your Son
Rohan Karki
Dolakha Access

Letter

July 2, 2022
Siraha Access, Nepal

Dear Access friends
Of Bangladesh and India

Warm Greetings!

My loving words through this letter may find you in good conditions. I know the situation in your country is not good because of flooding. I have been praying to God for you since I came to know about the bad news through news channels.

It was a devastating moment to watch the condition of the people who have lost their loved ones and their belongings due to the flood. However, I hope you all are safe. I would like to advise you to take all necessary precautions. Always think positive and say all will be right. Try to be safe as much as you can. May God protect you all from such disasters. Stay safe!

Laxmi Raut
Siraha Access

Letter

July 2, 2022
Siraha Access NEPAL

Dear Friends,
Warm Greetings!

I am writing this letter to learn about you and your country. I know you people are going through a hard time these days due to heavy rainfall. It is heard that Bangladesh and the eastern part of India have been badly affected by the flooding and landslides. Many people including Access friends have become homeless and suffered a lot. Some of them are reported to have been rescued as well. I can hear and watch people, through different Media, being rescued and taken to safer places.
Observing all these worsening situations, I feel shocked and sympathetic at the same time. I know it is a natural disaster and it happens sometimes. So, it is beyond our control. I cannot help expressing my sympathy from here in NEPAL. However, I try my best to insist on you in any way if you let me know your current situation.
I along with my Access friends from Siraha Access are always ready to lend our helping hands to the needy.
Finally, I express my heartfelt sympathy to you all. Please be safe and sound! May God shower his blessings to save you from such a difficult situation One day the bad day must be over.
Have faith in God!

Jyoti Das
Siraha Access



Let's Laugh



Student: Sir! What is the capital of Turkey?
Teacher: Ok, open your copy and write, The capital..... of Turkey.....is T.

.....

Teacher: In equation x+2=0. What is the value of x?
Student: Sir! She is my ATM.

.....

Man : Where do you live?
Women : I live in New Road.
Man : What? You look so well-to-do. Why are you living on the road?



Rabi Kumar Das
Dolakha Access

Boss : Where are you born?
Silly : Kathmandu.
Boss : Which part?
Silly : Which part? Seriously! My whole body was born in Kathmandu.

.....

Wife: How much do you love me?
Husband: As much as Sujata does.
Wife: If so, after I am dead, you will make a one big house in my memory.
Husband: I have already bought land for it, you are doing late.



Rupesh Thami
Dolakha Access

Cooker

One day an English teacher asks a question to Ram. Ram is one of the smartest students who always give answers to any questions to the teacher.

Teacher : Ram, a person who works something is called a worker and what do we call a person who cooks something?
Ram : He was in such a hurry to tell the Answer he stood up and said, "Cooker sir."

The Marriage Certificate

A newly married couple has been staying together in the new house for 1 year. He always looked at the marriage certificate carefully. He seemed to be in trouble. One day his father-in-law came into the house and he saw the activity of his son-in-law and he asked;

Father in Law: Son-in-law, why are you reading this certificate again and again? Is there any problem? Please, share with me. I will try to solve it.

Son-in-law: I have been checking this certificate for a week but I couldn't find the expiry date of our marriage.



Dhiraj Kumar Das
Dolakha Access

Husband and Wife

Husband: Every time I hit you. You never fight back. How do you manage your anger?

Wife : I cleaned the toilet seat…

Husband: How does it help?

Wife : I use your brush!

Teacher and Student

Teacher: Did you finish your homework?

Student: Did you finish marking my test?

Teacher: I have other children' test to mark.

Student: I have another teacher's homework to do.



Mamtesh Yadav
Siraha Access

Coaching Classes

Student: Sir, what is the difference between summer and winter?

Sir: Good question! Good English, Maths question! Make two columns. Write summer on one side and winter on the other.

(Write the first point) Summer has six letters, and Winter also has six letters but they are different.

Student: Yeah! They are different.

Sir: (Write the second point) Summer is hot. Winter is not hot.

Student: Wow! Sir! I never thought of that.

Sir: (Write the third point. Summer has summer vacation! Winter has winter vacation!

Student: Darn it! Whoa!

Sir: My next pointer will allow your school teacher to give 10 Marks easily.

Write, 'My mom likes summer and my dad likes winter, I like both. Hence, proved .... forgive me, my lord.... I'll always listen to my Mom and dad!

Sir:(In own action) Do any of you have any other silly doubts?



Angish Chaudhary
Siraha Access

Life

We all are living beings. We all are living our own lives. Life is the aspect of existence that processes, acts, reacts, evaluates, and evolves through growth. The crucial difference between living and non-living things is that life uses energy for physical and conscious development.

Life is like a journey which has a different destination that ends with death. Suppose if we are travelling, we have a destination to reach but life doesn't have its own destination because its destination increases but never decreases.

Life is like a bus. Sometimes, it is full and sometimes it is empty. Sometimes, we talk to everyone and sometimes we become dumb but at the end everyone leaves you.

Life is like a season. It changes with the situation. We cannot control it. Life is also like a river. It will never come back again but flows easily. It can find its own way. But it's our choice how we define life.

Even though life is very beautiful, sometimes we fail to see the happiness we have. We're so lost in thinking about winning, losing, success and failure that we've forgotten about living life. We forget that the most important thing in life is ... life itself.



Rajendra B.K.
Dolakha Access

Quotes

"Education is the most powerful weapon you can use to change the world."

– Nelson Mandela

"Education is not the learning of facts but the training of the mind to think."

- Albert Einstein

"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today." ***- Malcolm X***

"An investment in knowledge pays the best interest." ***- Benjamin Franklin***

- Aristotle.



Collected by: **Nabin Oli,**
Dolakha Access

"If you fall behind, run faster. Never give up, never surrender, and rise up against all odds." ***- Jesse Jackson***

"History has shown us that courage can be contagious and hope can take on a life of its own." ***- Michelle Obama***

"The Black skin is not a badge of shame, but rather a glorious symbol of national greatness." ***- Marcus Garvey***

"Never be limited by other people's limited imaginations." ***- Dr. Mae Jemison, first African-American female astronaut.***

"In recognizing the humanity of our fellow beings, we pay ourselves the highest tribute." ***- Thurgood Marshall***

"Hate is too great a burden to bear. It injures the hater more than it injures the hated." ***- Corretta Scott King***

"If there is no struggle, there is no progress." ***- Frederick Douglass***

"If you judge people you have no time to love them." ***- Mother Teresa***

"But dreams do not come true just because you dream them. It's hard work that makes things happen. It's hard work that creates change." ***- Shonda Rhimes***

"Life is not a spectator sport. If you're going to spend your whole life in the grandstand just watching what goes on, in my opinion, you're wasting your life." ***- Jackie Robinson***



Collected by: **Rupesh Thami,**
Dolakha Access

My Experience as an Access Student

English has been regarded as the first global Lingua Franca. We use it as an international language to communicate in many fields ranging from business to entertainment. English has become a compulsory subject to all students of the school level in Nepal. Besides schools, there are also a lot of associations that are built to work on English Language through its activities. Among many institutions, one of them is NELTA of Nepal. NELTA stands for Nepal English Language Teachers' Association. It was founded in 1992 as a voluntary, non-political, non-profit making association with the help of the British Council.

NELTA offers the applicant district students with the English Access Microscholarship Program. It also offered for the first time to Dolakha district's students. I also got selected as an Access Student. It was so exciting but also very hard being selected because hundreds of students applied for that program. Only 40 lucky students were selected. I was also one of the luckiest students who got selected.

Before joining at the Access, I thought that English was just a subject. Now, I came to realise that English could be easily passed with a little preparation. At the time of its entrance exam, I knew that English was difficult because I was not given any chance to use English with someone else except my English teacher. After I got selected as an Access Student, I knew English will become an easy language after knowing some difficult or new vocabulary and its uses. Access Teachers made us brave students. They built our confidence to talk in English confidently. Not only that, the Access also taught us about IT (Information Technology) through the phone given to us to take our virtual classes and educational research.

During the Covid-19 pandemic, we were informed that we were selected as Access Students to learn the English language. During that time, it was so risky to take face-to-face classes or physical classes in our Access Center. For some days, our classes were taken on audio call before the arrangement of smart phone and data packages. After the arrangement, we got the phones, and the next day we started our virtual classes with the help of zoom and Google Classroom apps. During the virtual classes, we got the chance to learn about different apps and packages. Not only that, we also got a chance to discuss the topic related videos and pictures. We also got textbooks to make our study easier. Actually, that textbook was totally different from books of the school level. After some months of virtual classes, our exam came and we did it on our daily virtual mode. That was also a new experience for us.

After the first semester examination, our regular classes continued for about one month. After one month, we started our face-to- face classes. Before the classes started, we decorated our class as best as we could. It was so exciting to decorate. Then, our regular classes started and we became regular students. It improved our regularity in our classes because it was so

exciting because all day we were getting a chance to learn new things by watching videos. After some months of examination, we got the information about the camp and we also decided to perform drama in Drama Competition. It was exciting but we were afraid because we didn't perform any drama earlier. During our drama practice, it became easier. Finally, we got the trophy as the winner of the drama competition. After that, we learned that nothing is impossible in front of hard work and dedication.

From the whole Access classes and during this program, I learned the following insights.

- English is a language not only a subject.
- If there is a will, there is a way.
- Nothing is impossible before hard work. Everything is hard before it is easy.
- Your confidence can decide whether you are going to lose or win.
- Results never decide how talented you are.
- Everything is new before you know it.
- Every accomplishment starts with the decision to try.
- Never give up.
- Positive mind makes a positive life, and
- Strength lies in your weakness.



Rabi Kumar Das
Dolakha Access

Importance of English Language

The English language is the most important language in the world because many countries in the world speak this language. This language is easy to understand by all. It is used for communication between people. When we travel abroad, English language is mostly used there and it is helpful for us everywhere. This language opens an ocean of opportunities to those who travel anywhere in the world.

The English language has great utility in the world. Good knowledge of the English language is the key to our success. English is an international language which provides us with access to millions of offers. Studying this language provides an environment to develop our skills for a better career. Without this language, we cannot do anything on the internet too. The study of this language helps throughout our life. The English language is essential for getting easy access to any information. We must know the basics of English to live in this global world.



Without English, nothing is quite possible in our future. So, the English language is the most valuable asset to humankind according to today's needs.

Rajina Shrestha
Dolakha Access

My Experience in the Access

NELTA stands for Nepal English Language Teachers' Association. It is the Access implementing partner of the U.S. Embassy in Nepal. The English Access Microscholarship Program is sponsored by the U.S. Embassy and it is for the students who are studying in public schools and have low financial status.

I am an Access student from Dolakha Access Center. I am glad to be an Access Student of this program. It gives me a lot of opportunities and facilities. It is not just limited to studies. There are also other activities such as drawings, arts, ICT etc.

Everyday, I learn new things here and enjoy it with my friends. All my teachers help me and always support me. I have learned discipline and punctuality from my teachers, and it will help me a lot in my future. It has taught me many things and has also given me some best friends. I always wish success for my Access and love everything about it.

I have experienced that my English has totally changed. Not only this, but my speaking skills, language and ICT skills have also changed. I have experienced that being an Access Student, I have become better human beings. I also realised that if one gets this opportunity, then s/he will be a great person to work towards his/her communities and nations too. When our Access journey gets over, we are not just taking the memories with us but we will be shaping our good careers and good manners in life.

I am very thankful to my Access teachers, NELTA Center, RELO, the U.S. Embassy and my dear friends for their love and support. I am really proud to be an Access Student and I will always miss it after leaving it. I am the luckiest person to gain this opportunity.



Nikita Basnet
Dolakha Access

Teacher's Corner

Offering Guru's Words

Accessing the English Access Microscholarship Program



Ek Raj Shiwakoti
Dolakha Access

The English Access Microscholarship Program in Dolakha with its inception since April 2021 became a milestone for educational, social and economic transformation. The program paved the way for equitable access to the economically and geographically disadvantaged students of different nooks and corners of the district coming to Charikot, the district headquarters for quality education. The Access Program proved to be a boon for both students and instructors as well. However, only forty students got a lifetime opportunity to participate in the Access Program. Moreover, the students benefited a lot to develop both hard skills and soft skills as well as competencies in them. Similarly, the instructors got an opportunity to hone their pedagogical and Information Communication and Technology (ICT) skills to uplift their professional career.

The ninth Cohort Access Program commenced amidst Covid-19 feared and affected period providing cell phones and recharge balance to the students. The students enrolled at the program got familiar not only with the U.S. culture and values but also became able to connect their native culture with the U.S. culture to maintain cultural and social harmony along with English language skills and aspects virtually at the beginning and in-person later. In addition, the students grabbed multiple opportunities to participate in enhancement activities like quiz contest, spelling bee, library visit, speech competition, and different language games. The concept of co-teaching was helpful for providing inclusive education as two teachers facilitated in each group; one male and the other female. This added to the beauty of Access class. Moreover, the students participated in different community service activities like cleanliness program, plantation program and stationery and sports distribution to orphanages. This made students realise and experience their social responsibilities one way or the other with inclusive participation.

The platform of the Access Program plunged the teachers to use ICT tools like Zoom Meeting, Google Classroom, Google Meet, Google Sheets, Microsoft Teams etc to run the class virtually in an effective way. ICT skills of the teachers were demand- driven. So, Nepal English

Language Teachers' Association (NELTA) and Regional English Language Office (RELO) facilitated training to all 16 instructors from four districts Bajhang, Dolakha, Siraha and Tanahu to use ICT tools. The training was facilitated by Mellissa Van De Wege. The curriculum prescribed for the English Access Microscholarship Program is theme based and soft skills integrated.

Our World Book 5 and 6 including respective workbooks are a milestone to develop all four language skills and aspects with equal focus on each of them. On the other hand, the color print with high quality paper of the textbook entices students to read and comprehend the texts with autonomous interest. The focus is emphasized on content and language teaching integrative and communicatively. The communicative activities like pair work, group work, role play and language games involve students in learning which is the demand of late in learning. The students learnt different soft skills like cooperation skills, thinking skills, personal skills, innovation and business skills which are necessary for an individual in terms of personal development, social participation and workplace success in the future including present. The Access Intensive Youth Leadership Camp organized by the NELTA and sponsored by the RELO, the U.S. Embassy Kathmandu from May 6 to May 9, 2022 at Pokhara Grande was once in a blue moon opportunity for students and instructors to hone their language skills and personality. The camp served an opportunity to develop harmonious relationship among RELO Officer, RELO Program Specialist, NELTA President and Access Program Coordinator; Dr. Nabila Massoumi, Mr. Bishwa Raj Gautam, Ms. Motikala Subba Dewan and Mr. Sudip Neupane respectively with all Focal Persons, 16 Access instructors and 160 students from four districts. The Access Model Election-2022 at the camp made the students familiar with the election system of Nepal. The camp was well organized with a special timely schedule of the various enhancement activities and sessions. The students learnt a lot to become global citizens.

The English Access Microscholarship Program transformed students' educational, social and economic level to the best possible mainstream. This kind of program further would be a virtue in the days to come for economically disadvantaged students of different parts of our country and other countries as well. Eventually, thanks go to RELO, the U.S. Embassy Kathmandu and NELTA Center for creating this opportunity and giving me a chance to be a part of the Access Program as an Access Instructor, in Dolakha.

Student





Babita Joshi
Bajhang Access

Pupils are light of school's
Allied with in full of rules,
Full of they have obligation
They are pillar of nation.

Facing learning obstacles
Running with life vehicles,
Morning noon and whole day
Activities doing on the way

Doing homework in moonlight
Construct future thinking bright,
Implore entire day to muse
Recapture problem and all accuse

Teachers are here because of them
Enlightenment lesson deeply whelm,
Adhere precept follow preach
Lovely friendly lessons we teach.

Master's counsel to struggle today
Instate want you to be anyway,
Education is a passport of future,
Technology is vital use computers,
Whatever you do whatever you say,
Be good do good in every way

Message to the Student

If someone grumbles, be humble anyway
If someone lets you down, you raise up anyway
If someone hates you, you love them anyway
If someone disrespects you, you respect them anyway

If your pocket jingles, people flock around
If you are happy, get success, you get false friend
If you are in grief and sorrow they just surround
So, keep on your hard work with patience, once they will be on the ground

Only teachers and the guardians you have want your best
They become happier than you on your success
So, we are with you to lead the world
Be the best human and change the world



Dhanju Adhikari
Tanahun Access

Nepal: The Nation of Pride



Shambhu Prasad Bakhrel
Dolakha Access

The red pond where our Nepal is drowned,
No one to blame and no one to be unknown.
The fact they bear, and the sound they hear,
Just smile here with eyes full of tears.
Please believe me, it's only you to share
As I know dear that you can only try to care.

The time for clotting blood will surely come,
The pride for raising head high is ready to bloom.
We born and die by just leaving our thoughts
We jump and cry for ending the droughts
Unwanted silence except some blasts and fires,
Pretended ignorance with some childish satires.

Come on! wake up It's being much late,
Otherwise all have to curse the heavenly fate.
The time swallowed will never be back,
Leave the game played between white and black.
Each and every hearts performs the same role,
Why can't I reach up to the depth of the soul.

Beware of the questions of next generation,
See where it isn't broken by the destruction.
Please think of the value of being Nepali,
Once considered as the brave Gorkhali.
Buddha can't join again for the entire peace
At least save the nation and live for this
Please save the nation and live for this.

Reflection



Binod Prasad Chaudhary
Siraha Access



I am very much grateful to Nepal English Language Teachers' Association (NELTA) for selecting and appointing me as an Access Teacher for the Access Program. I also would like to thank the Regional English Language Office (RELO), the U.S. Embassy Kathmandu for this opportunity to serve as an Access Teacher for Siraha Access Center. I am indebted to NELTA and the RELO for trusting me to impart quality education to the selected 40 students from the community schools who are between age group 13 to 16 belonging to economically poor and marginalized castes. After being selected for Access Teacher, I have found myself a very lucky person because I have been waiting for this opportunity for a long time. I had a dream to teach the students in the English Access Microscholarship Program anywhere in Nepal, but I got this opportunity here at Lahan in my hometown. It thrilled me and encouraged me to grab the opportunity and do the best to make it a grand success.

English Access Microscholarship Program is the U.S. funded program for development of English language in Asia Pacific region. This program supports the students who are 13 to 16 years old (in Nepal) from economically disadvantaged groups for developing leadership skills through language development. The Access students get significant changes from this program because they learn the U.S. cultures and traditions which influence them to explore more benefits when they grow up. The English Access Microscholarship Program plays a very significant role to enhance students' all round development through leadership skills which they can develop working collaboratively in the Access center under the supervision of the teachers.

As an Access Teacher, working and teaching the students with a co-teacher, Ms. Nisha Yadav, influenced me to work collaboratively and share the ideas with the co-teacher for planning and managing the class effectively. I have learnt many things through this program as I have learnt to use ICT and multimedia in the classroom to manage the students in a disciplined way. I have also learnt to organize different types of enhancement programs for the students through which they can develop their leadership

skills. This Access Program has taught me to be very specific in teaching the students' textbooks and workbooks according to lesson plans. One of the brightest parts of this Access Program is to participate in the Access Intensive Youth Leadership Camp-2022 in Pokhara from May 6-9, 2022. We hired a bus to reach Pokhara to participate in the program. All the students and the teachers were so excited to participate in the leadership camp as we have prepared short dramas, comics, folk dances, local songs and many more for competition in the program.

I cannot forget all the events associated with the English Access Microscholarship Program inside and outside the center because we worked equally hard to make all the programs succeed. I have got immense experience in teaching through this program which will support me to manage all my classes in the future. All the students, teachers, focal persons, Access Program Coordinator, administrators of this Access Program are very supportive and friendly in nature who have supported me whenever I need. Therefore, I am very grateful to all of them for their support and appreciation during the Access Program.

Here's to My Access Days

July 25, 2022

Dear Diary,

Sometimes in awe I just wonder and suddenly the sweet bitter memories peep through my inward eye like a komorebi. Today I danced and sang with my students in Access class as a part of my teaching which I never did in my normal classes. Obviously I was extremely tired of the whole day hustles but when I entered the class and saw those sparkling faces and innocent eyes, all my tiredness vanished in the blink of an eye. I felt as if they were patiently waiting for me to arrive and wave my magic wand and enter the world so different. When I saw my co-teacher I could see and feel the same enthusiasm too. It's been a long time since we have shared the same bond of teaching and no words of gratitude can fulfil my reverence towards him for all the teaching experience I shared and learned from him. Nothing so far compares the moment I lived within this short tenure. I admit that I was unaware about the true essence of being a teacher. My journey from being a naive to experience as an Access teacher might be quite challenging but it's all rewarding.

Today, while jotting down these words, my heart is heavy yet happy. Soon the day will come when I won't be hustling, maybe then my eyes would search for those happy faces and innocent eyes, the familiar smiles and nostalgic smell, maybe then the box full of memories would dance and sing in my empty spaces. But, I am going to be contented for having such a sweet and joyful company. Everything I lived within these moments will be immensely missed.



Asmika Pradhan
Dolkha Access

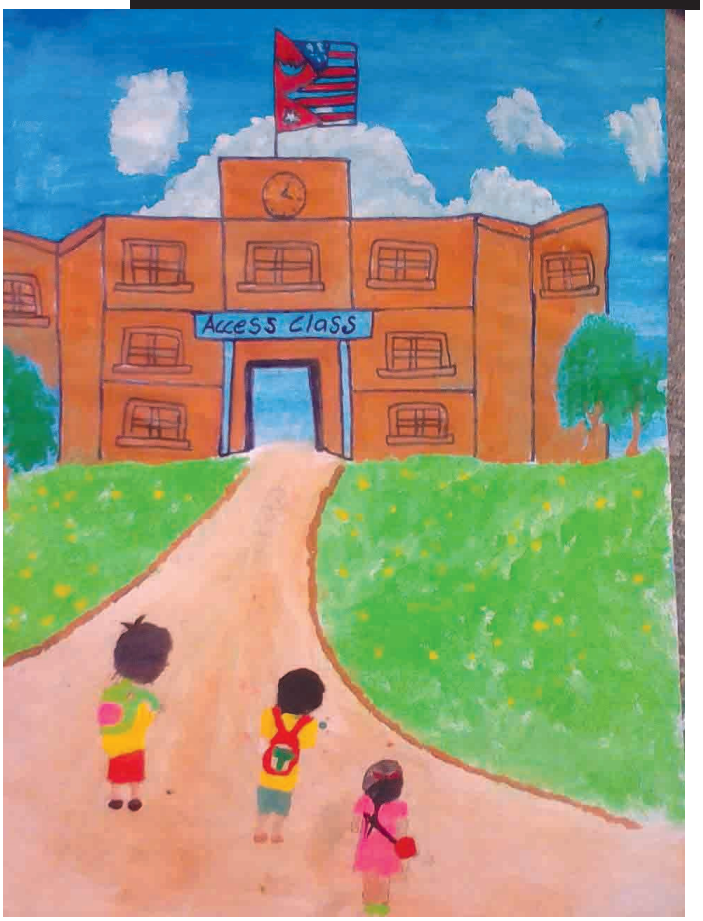
Moments at Access





Akanksha Jha and Sanjay Kumar Yadav
Siraha Access

We don't know how to start but the process of becoming skilful Access Instructors is really challenging. Initially, we had no idea about bringing the students on the platform of Zoom but somehow we had to start the classes virtually due to the epidemic of Covid-19 across the world. We were not able to meet our students physically, though the overall activities were going well with our little knowledge of handling Zoom Cloud Meetings that supported proper internet availability. In the beginning, we both teachers, along with our twenty Access Students, enthusiastically and with some confusion about conducting the class through virtual settings, joined the class regularly at the scheduled time. It was really a challenging job for both of us. As we were lacking both pedagogical and technical skills to run the class virtually, we tried our best as per the suggestions provided by the NELTA. Here, we must acknowledge the constructive guidelines and feedback provided by Access Program Coordinator, Mr. Sudip Neupane, to tackle the issues regarding our classes. He always remained active and alert for our support.



Art by: Namuna Shrestha

In the meantime, we were also boosted up with pedagogical skills and technical knowledge by Melissa Van De Wege. In fact, it was the first training we attended virtually which taught us how to engage students online. This training proved so fruitful for the Access Teachers because

it consolidated our confidence. After that we began to conduct the online classes more confidently and effectively. Actually we became trained teachers then. And classes continued virtually for five months.

After that the real excitement began when the RELO announced to inaugurate our class physically. We all Access Teachers, students and parents were very excited to know about this physical inauguration of our Access class. And a few days later, it was inaugurated, very excitingly and energetically where the RELO Officer, Dr. Nabila Massoumi and RELO Program Officer, Mr. Bishwa Raj Gautam attended the program as the chief guest and distinguished guest respectively. Through this inauguration program, we got to know one another and gradually built a rapport with our students. Classes began to run smoothly. Similarly, we conducted different indoor and outdoor activities to broaden the horizon of their intellectuality as well. We started organizing different extra-curricular activities such as quizzes, debates, oratory speech, drawing, free writing, poetry recitation, acting, singing, dancing and many more activities in order to bring out their hidden qualities and talents. Besides these, we also involved our students in celebrating varieties of national and international remarkable days and events in our Access classroom. We celebrated Halloween, Thanksgiving, Black History month, Women' month, Christmas, New year Eve, American Independence Day and many more. These celebrations have helped them expose themselves with intercultural knowledge, concepts, leadership qualities, ability to work in a team, develop the required skills and confidence in students as well. As the classes moved on, we got notice about the Access Intensive Youth Leadership Camp to be held in Pokhara for which we had to prepare many things before going and it was the most beautiful moment through the whole session. Our students were excited to perform drama on social issues, cultural dance, songs, poetries, showing tricks, magic and many other performances.

We also had to manage proper dresses, make ups, materials to present while performing. We worked hard to prepare for and get command and confidence over the steps, dialogue and gestures of drama. It was quite challenging to make the students able to perform perfectly because none of the students had taken part before in any plays. We tried our best to make the students able to perform with meaningful roles.

Finally, we finalized a Maithili cultural dance 'Jhijhiya' for our students to perform in camp, after lots of practice, we teachers and students gained confidence regarding the performances. Although we have had no experience of dances or plays in our student lives, we explored many ideas to make students' performance better. Despite these challenges, our students really performed excellently.

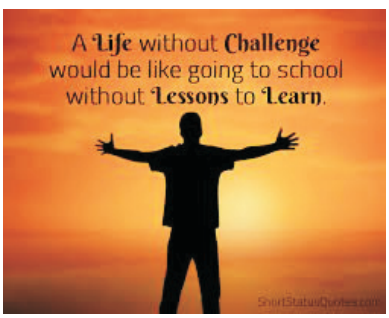
They showed their efforts in the performances of Access Intensive Youth Leadership Camp-2022 among 200s people. They expressed and presented themselves in a very wonderful way. We could hardly believe our eyes watching the performance. Our happiness knew no boundary to watch the short drama entitled 'Aware Society' which was

awarded with the 1st Runner-Up. It would be really one of the unforgettable moments of our lives.

The incident made us believe that hard work is always rewarded. In fact, Access Intensive Youth Leadership Camp invigorated both teachers and students with a new deal and zest to work harder. We were motivated and so were our students. It made us able to accept the challenges and also taught us that 'Nothing is Impossible to a willing heart.'

Access is a really great platform for academic and professional development where novice teachers and students could grow and evolve into the world of academia and flourish as perfect professionals in their respective fields. Not only that this is also the platform where one can have one's personality developed, cultural awareness, leadership quality, life oriented skills and many more that we need in this twenty first century to lead and handle our academic and professional life skilfully and successfully.

Life



Everyone says what is life
Clash, obstacles is favourite,
Endeavour ups, down's ultimate
No exist which is indefinite,

No one can live here long
Gossip of others pretending wrong,
Reliance of others makes it strong,
Charity to poor all yours belong,

Come and wake up nothing is here,
Go naked body renounce wear,
Till alive everyone seems care,
Anytime go from without fear.

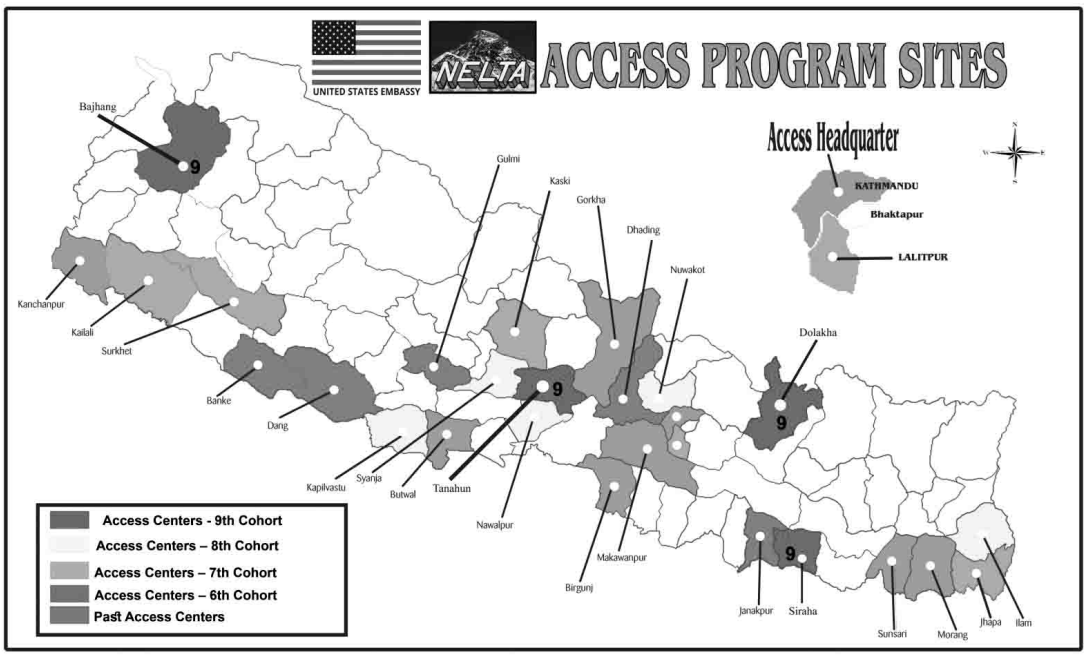
Organs of our not sustain,
Leaving this world, we face pain,
For few times relatives rain,
Life's task is this what we gain.

Babita Joshi
Bajhang Access



Access Centers in Physical Map

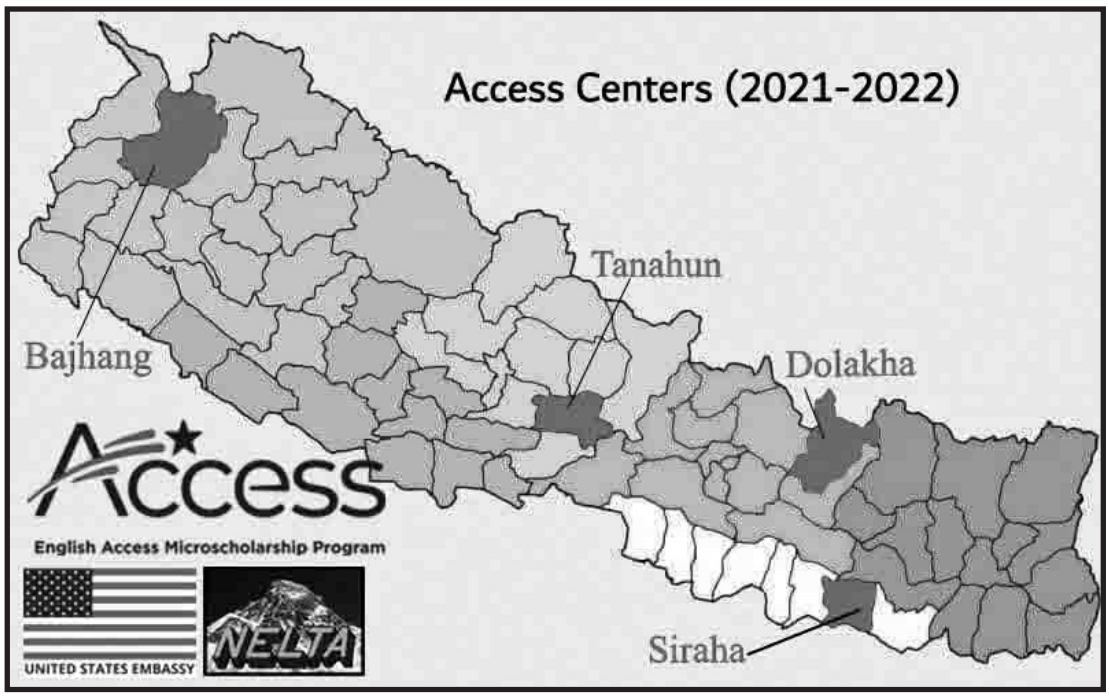
(2011-2022)



Access Centers (2011-2022)

Cohort/Year	Centers (Coverage Districts-27, Total Access Centers: 38)
First 2011-2013	Kathmandu, Rupandehi, Gorkha
Second 2012-2014	Kathmandu, Gorkha, Parsa, Rupandehi
Third 2013-2015	Kathmandu, Lalitpur, Kanchanpur
Fourth 2014-2016	Makawanpur, Rupandehi, Morang, Sunsari, Kaski
Fifth 2015-2017	Kanchanpur, Lalitpur, Kaski, Surkhet
Sixth 2016-2018	Banke, Dang, Dhading, Gulmi, Dhanusa
Seventh 2017-2019	Jhapa, Kailali, Lalitpur, Kaski, Surkhet
Eighth 2018-2020	Kapilvastu, Nawalpur, Nuwakot, Syangja, Ilam
Ninth 2021-2022	Bajhang, Dolakha, Siraha, Tanahun

Access Centers and Host (2021-2022)



1. **Bajhang Access Center:** Jayaprithvi Municipality-10, Chainpur, Bajhang

2. **Dolakha Access Center:** Kalinchowk Secondary School, Bhimeshwor Municipality-03, Charikot, Dolakha

3. **Siraha Access Center:** Shree Pashupati Adarsha Secondary School, Lahan Municipality -07, Matiyarwa, Siraha

4. **Tanahun Access Center:** Adikavi Bhanubhakta Campus, Vyas Municipality-01, Damauli, Tanahun

Access Officials as per Access Centers
Ninth Cohort (2021-2022)

S.N.	Name	Designation	Center
1	Hemanta Raj Dahal	National Focal Person	NELTA Center
2	Sudip Neupane	Access Program Coordinator	
3	Anu Adhikari	Finance Cum Admin Officer	
4	Anita Devkota	Office Assistant	
5	**Madan Kumar Mandal**	**Focal Person**	Siraha
6	Binod Prasad Chaudhary	Access Teacher	
7	Akanksha Jha	Access Teacher	
8	Sanjay Kumar Yadav	Access Teacher	
9	Nisha Yadav	Access Teacher	
10	**Balkrishna Dahal**	**Focal Person**	Dolakha
11	Shambhu Prasad Bakhrel	Access Teacher	
12	Ashmika Pradhan	Access Teacher	
13	Ek Raj Shiwakotu	Access Teacher	
14	Anjana Subedi	Access Teacher	
15	**Lal Bahadur Bohara**	**Focal Person**	Bajhang
16	Laxman Prasad Upadhyaya	Access Teacher	
17	Krishna Bahadur Rawal	Access Teacher	
18	Babita Joshi	Access Teacher	
19	Shanti Kumari Singh	Access Teacher	
20	**Lal Prasad Bhattarai**	**Focal Person**	Tanahun
21	Manu Sapkota Poudel	Access Teacher	
22	Prakash Mishra	Access Teacher	
23	Dhanju Adhikari	Access Teacher	
24	Pradip Sigdel	Access Teacher	

Eighth Cohort (2018-2020)

S.N.	Access Instructor	Center
1	Indira Ghimire	Ilam
2	Jhumdevi Kattel	
3	Suk Bir Limbu	
4	Umesh Budhathoki	
5	Bishnu Prasad Belbase	Kapilvastu
6	Ganga Devi	
7	Govinda Pokhrel	
8	Lekha Khanal	
9	Arjun Jung Rayamajhi	Nawalpur
10	Hema Ale	

S.N.	Access Instructor	Center
11	Nanda Prasad Mahato	
12	Sunita Thanet	
13	Asmita Waiba	Nuwakot
14	Birbal Lama	
15	Rajan Bhatta	
16	Dul Kumari Sapkota	
17	Gita Thapa	Syangja
18	Raju Gaihre	
19	Pawan Lamsal	
20	Sunita Kafle	

Seventh Cohort (2017-2019)

S.N.	Access Instructor	Center
1	Jenny Rai	Jhapa
2	Rita Niraula	
3	Keshav Uprety	
4	Tika Prasad Subedi	
5	Punam Karki	Kailali
6	Shanti Bhatt	
7	Laxmikant Joshi	
8	Suman Shrestha	
9	Sarmila Poudel	Kaski
10	Manju Thapa	

S.N.	Access Instructor	Center
11	Prakash Giri	
12	Upendra Poudel	
13	Pema Kala Bhusal Pandey	Lalitpur
14	Sumitra Ghimire	
15	Hira Lal Moktan	
16	Nim Lal Bhandari	
17	Nirmala Sapkota	Surkhet
18	Tika Kumari Tamang	
19	Betendra Dahal	
20	Nabraj Poudel	

Sixth Cohort (2016-2018)

S.N.	Access Instructor	Center
1	Sita Ku. Upadhyaya	Gulmi
2	Saraswati Bhandari	
3	Tikaram Khadka	
4	Mohan Paudyal	
5	Ritu Kumari Tiwary	Janakpur, Dhanusa
6	Astha Ku. Chaudhary	
7	Shatrudhan Sah	
8	Ranjit Kumar Jha	
9	Basanta Pandeya	Dang
10	Shyama Khanal	

S.N.	Access Instructor	Center
11	Ram Hari Rijal	
12	Bikas Pandey	
13	Bindu Subedi	Banke
14	Indira Sharma	
15	Pramod Subedi	
16	Man Bahadur Khadka	
17	Usha Kiran Rana	Dhadhing
18	Shanti Shah	
19	Dhruba Raj Khatiwada	
20	Nar Bahadur Gurung	

Fifth Cohort (2015-2017)

S.N.	Access Instructor	Center
1	Mandira Adhikari	Lalitpur
2	Gokul Ghimire Sharma	
3	Kalpana Paudel	
4	Radha Kr. Humagain	
5	Chandani Pant Bhatt	Kanchanpur
6	Ichchha Chand	
7	Rajendra Prasad Joshi	
8	Prithvi Raj Bhatt	

S.N.	Access Instructor	Center
9	Bhumi Raj Pandit	Pokhara, Kaski
10	Pitambar Paudel	
11	Gauri Dhakal	
12	Padma Parajuli	
13	Nab Raj Paudel	Surkhet
14	Indra Kumari Oli	
15	Motiram Sijapaati	
16	Puspa Bangsi	

Fourth Cohort (2014-2016)

S.N.	Access Instructor	Center
1	Dinesh Ku. Lamichhane	Makawanpur
2	Roshani Paudel	
3	Srijana Paudel	
4	Bhanu Bhakta Pathak	
5	Dig Bijaya Gaurab Tharu	Butwal, Rupendehi
6	Keshari Rana	
7	Narayan Pd. Pokhrel	
8	Yashu Kala Pandey	
9	Khem Raj Sharma	Morang
10	Tirtha Karki	

S.N.	Access Instructor	Center
11	Gobinda Puri	
12	Pampha Devi Adhikari	
13	Gopal Tamang	Sunsari
14	Sachita Pokhrel	
15	Sajan Chaudhary	
16	Bandana Dahal	
17	Bhumi Raj Pandit	Pokhara, Kaski
18	Pitambar Paudel	
19	Tseteen Lhamo	
20	Pema Lhadon	

Third Cohort (2013-2015)

S.N.	Access Instructor	Center
1	Ganesh Gnawali	Kathmandu
2	Bharat Babu Khanal	
3	Babita Sharma	
4	Madhukar K.C.	
5	Chandani Pant Bhatt	Kanchanpur
6	Ichchha Chand	
7	Uttam Singh Bist	
8	Rajendra Pd. Joshi	

S.N.	Access Instructor	Center
9	Mandira Adhikari	Lalitpur
10	Gokul Sharma	
11	Kalpana Paudel	
12	Radha Krishna Humagain	

Second Cohort (2012-2014)

S.N.	Access Instructor	Center
1	Ram Abadhesh Ray	Birgunj, Parsa
2	Suresh Kumar Shrestha	
3	Divya Nakarmi	
4	Laxmi Jha	
5	Dig Bijaya Gaurab Tharu	Butwal, Rupandehi
6	Narayani Pandey	
7	Dev Sharma Belbase	
8	Keshari Rana	

S.N.	Access Instructor	Center
9	Hari Maya Sharma	Gorkha
10	Dilli Ram Pokhrel	
11	Gita Dhakal	
12	Sanjaya Adhikari	
13	Dib Bahadur Sherbuja	Kathmandu
14	Radhika Bajagain Wasti	
15	Upasana Shrestha	
16	Bharat Babu Khanal	

First Cohort (2011-2013)

S.N.	Access Instructor	Center
1	Yub Raj Panthi	Bhairahawa, Rupandehi
2	Shobhana Jaishi	
3	Kamal Prasad Nepal	
4	Ganesh Pd. Bhattarai	
5	Tek Bahadur Uparkoti	Gorkha
6	Upendra Babu Dhakal	

S.N.	Access Instructor	Center
7	Kamal Raj Devkota	Gorkha
8	Laxman Babu Acharya	
9	Babita Sharma	Kathmandu
10	Madhukar K.C.	
11	Santosh Agrawal	
12	Suman Laudari	

Access Cordinators and Asst. Cordinators (2011-2022)

S.N.	Name	Desigination
1.	Shyam B. Pandey	Access Coordinator
2.	Sagun Shrestha	Assistant Coordinator & Access Coordinator
3.	Kunjarmani Gautam	Access Coordinator
4.	Prathana Basukala	Assistant Coordinator
5.	Sudip Neupane	Access Coordinator (At Present)

Access Memories Through Lens

UNITED STATES EMBASSY
NELTA



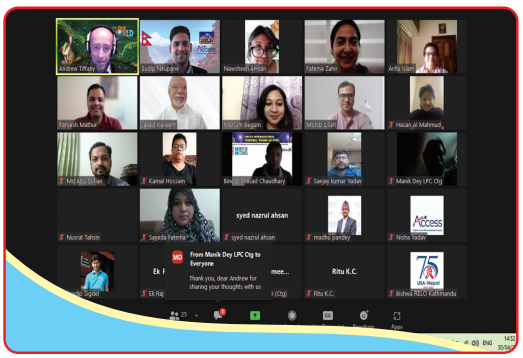
Dr. Nabila Massoumi, RELO delivering her remarks at Tanahun Access Center



Tanahun Access celebrating New Year 2022 and Dhaka Topi Diwas



Students of Dolakha Access Center are taking part in game in New Year 2022



3 Hour Virtual Access Teachers Training Facilitated by Andrew Tiffany, Author/Teacher Trainer for National Geographic Learning on 30 April 2022



Cake to celebrate New Year 2022 by Tanahun Access



Access Virtual New Year 2022 Celebration



Plantation Program by Siraha Access



Parents of Access Students of Tanahun with the representatives from the U.S. Embassy, NELTA Center, NELTA Tanahun and Host Center



Students are learning vocabulary through games with Keshav Prasad Parajuli



A glimpse of Access Monitoring by Mr. Hemanta Raj Dahal, National Focal Person of the Access and NELTA President, Ms. Motikala Subba Dewan



Inauguration Ceremony of Siraha Access



Stationary Support to Gourishankar Orphanage: Community Service of Dolakha Access



CV Writing Workshop by Dolakha Access



Plantation Program by Bajhang Access



Bajhang Access's participation in donation



World Environment Day Celebration by Siraha Access



Fruits Donation by Siraha Access



Access Officials from the NELTA Center



Dancers from Dolakha Access



Tanahun Access performing drama



Access Student sharing group work at Access Intensive Youth Leadership Camp



Siraha Access performing drama



Students exploring information at International Mountain Museum



Dolakha Access performing drama



Let's enjoy Deuda Dance!



Students having delicious breakfast at Pokhara Grande!



Dancers from Bajhang Access



Bishal Gurung, Mister Teen 2004 delivering session on 'Entrepreneurship'



Dancers from Tanahun Access



Bajhang Access performing drama



Dancers from Siraha Access



Jhijiya Dance by Siraha Access



Regular class at Bajhang Access



Students' happiness after receiving 'Certificate of Award' of the Access



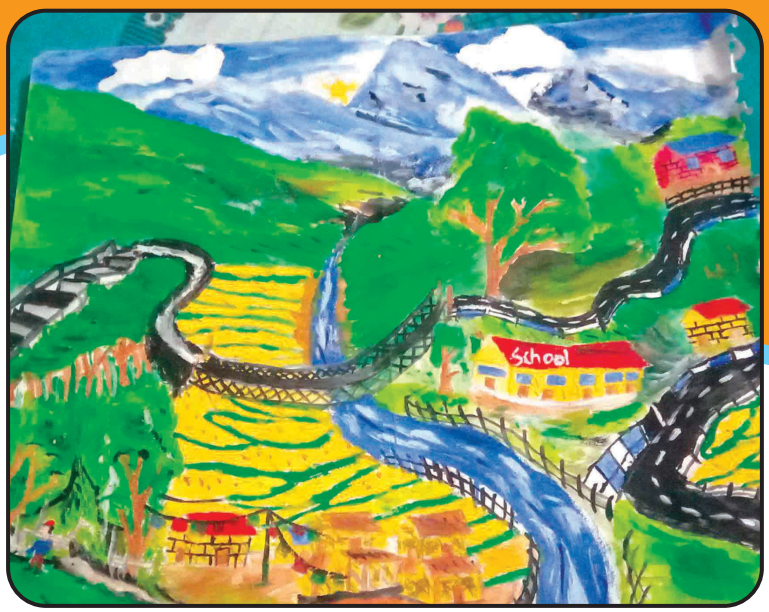
Donation Program at Old House: Community Service by Tanahun Access



Awareness Raising Program at Tanahun Access



American Independence Day Celebration by Siraha Access



Art by: Yubaraj Tamang

A Glimpse into our Sketchbook







Akanksha Jha, Access Tacher is with her own portraits!



Art by: Najiya Prabin



Art by: Sneha Shrestha



Art by: Namuna Shrestha



Art by: Sanjita Nepali



Art by: Dip Narayan Chaudhary



Art by: Aayush Khadka



Art by: Pramish Thapa



Art by: Ajit Poudel



Art by: Sandhya Chaudhary



Art by: Pratiksha Chaudhary



Art by: Nikita Basnet



Art by: Supriti Chaudhary



Art by: Akanksha Jha, Access Teacher



Art by: Prince Pal



Art by: Sarswati Kumari Pasman



Art by: Namuna Shrestha



Art by: Dip Narayan Chaudhary



Art by: Dip Narayan Chaudhary



Art by: Bandana Kumari Chaudhary



Art by: Akanksha Jha, Access Teacher



Art by: Yubaraj Tamang



Art by: Yubaraj Tamang



Art by: Yubaraj Tamang



Art by: Dolakha Access



Art by: Dolakha Access



Art by: Dolakha Access



Art by: Kamal Rawal and Sumit Joshi



Art by: Namuna Shrestha



Art by: Jyoti Das



Art by: Namuna Shrestha



Art by: Mamtesh Yadav



Art by: Namuna Shrestha



Art by: Anusha Kumari Yadav



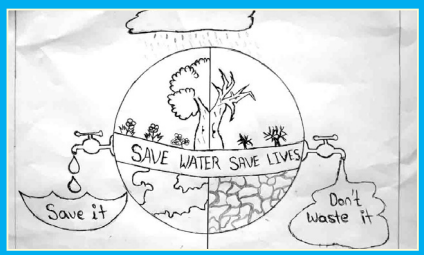
Art by: Gaurishankar Mandal



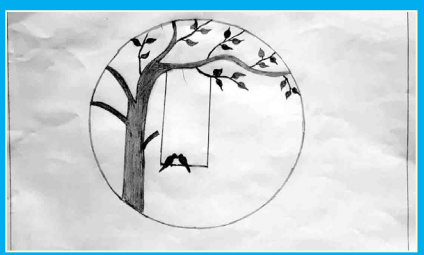
Art by: Shanti Kumari



Art by: Alisha Shedai



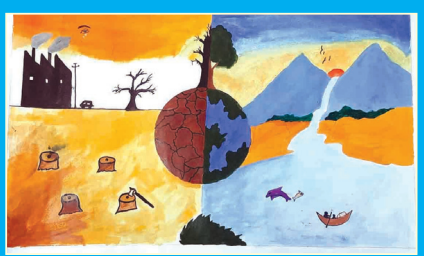
Art by: Shiva Mangrati



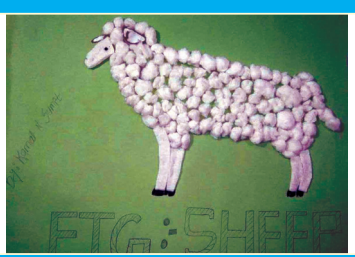
Art by: Pramila Tharu



Art by: Anusha Kumari Yadav



Art by: Art by: Dolakha Access A



Art by: Kamal Rawal and Sumit Joshi



Art by: Dolakha Access



Art by: Dolakha Access



Art by: Dolakha Access



Art by: Dolakha Access



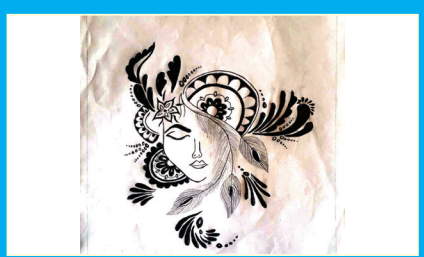
Art by: Dolakha Access



Art by: Ankita Thapa



Art by: Kamlesh Kumar Mahato



Art by: Bharosa Baniya